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#### Contents





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### June - July 2025

- 4 Maximizing Social Security Retirement Benefits
- 6 Pickleball: Seniors Can Play Safe, Have Fun, Stay Fit
- 8 The Benefits of Outdoor Exercise
- **10** · Colorado Seniors Gear Up for 2025 Games
- 12 The 2025 U.S. Senior Open A Championship to Remember at The Broadmoor Resort
- **16** Local Student and Canine to Compete at International Level on Junior Dog Agility Team
- **18** Take a Scenic Trip and Enjoy Beautiful Bailey, Colorado
- 21 Farmers Markets in the Pikes Peak Region
- 22 · Summer Music Events
- 23 · Sudoko
- 24 · Colorado Recipes
- 25 · Calendar of Events
- 28 · Crossword Puzzle



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#### **Senior Finances**

# Maximizing Social Security Retirement Benefits:

# Strategies for a Larger Payout

#### By Darien Andresen Senior Tax Advisory Group

Social Security is essential to many Americans' retirement income, functioning as a safety net for those who have retired. Maximizing your Social Security benefits for larger payouts requires strategic planning and understanding how to optimize benefits for a larger payout. Those approaching retirement must consider the following Social Security caveats before making this critical decision.

#### **Delaying benefits**

First, there's the option of delaying Social Security benefits. The earliest age one can start receiving benefits is 62. However, each year that benefits are delayed past one's full retirement age (currently between 66 and 67 for most retirees), the benefit amount increases by approximately 8%. This delayed retirement credit can accrue up until the age of 70. Postponing claiming benefits may result in significantly larger monthly payouts during retirement.

#### **Spousal benefits**

Another factor to consider is spousal benefits if married, divorced, or widowed. For spouses, the amount can be as much as half of the higherearning spouse's Social Security retirement benefit. Divorced spouses may also be able to collect even if the ex-spouse has not applied for benefits yet, provided they are at least 62 years old, and the marriage lasted at least ten years. It's worth noting that claiming spousal benefits does not impact the amount the other spouse receives.

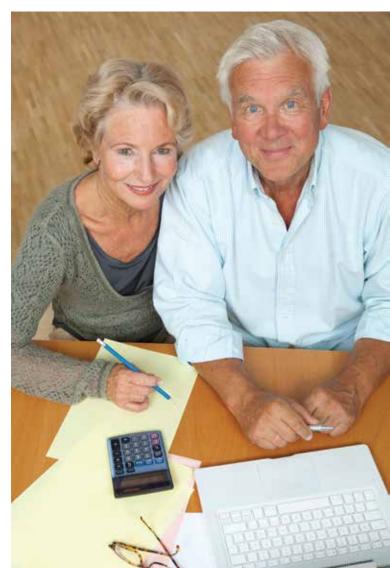
#### **Taxation of benefits**

Understanding the impact of taxes is also essential to managing Social Security benefits for a larger payout. Up to 85% of one's Social Security benefits can be subject to federal income tax, depending on combined income if married and filing jointly. Combined income includes adjusted gross income, nontaxable interest, and half of each spouse's Social Security benefits. By managing one's other sources of retirement income, one can limit the portion of Social Security benefits subject to tax, which may result in higher net payments. It's important to note that some states tax Social Security benefits while others do

not. Therefore, consult with financial or tax professionals to understand how this taxation applies to you.

#### Understanding how benefits are calculated

The Social Security Administration calculates retirement benefits based



on one's 35 highest-earning years. If fewer than 35 years, the years with no income will most likely be included as zeros in the calculation, reducing the payout. Therefore, continuing to work and replacing the lost year's wages may be a strategy to increase the monthly benefit amount.

#### When to claim benefits

It is recommended that you consult a financial professional to help navigate the complex decision-making process of starting benefits since benefits cannot be reversed once they begin. Since everyone's situation is different, those nearing retirement must consider the following:

- Financial situation
- Retirement assets
- Health conditions
- Family history
- Projected longevity
- Part-time work or not

In conclusion, maximizing your Social Security benefits for a larger payout involves careful planning and understanding how they work. Remember, Social Security supplements your retirement income, not replacing it entirely. Therefore, it should be considered part of a multifaceted approach to retirement planning. Consulting with a financial advisor can help you analyze your options and create a strategy that supports your long-term financial security. By carefully planning, you can enhance your retirement income and ensure a stable future. Being well-informed about your benefits can help prepare you to make crucial financial decisions that may affect your future.

This information is provided as general information and is not intended to be specific financial guidance. Before you make any decisions regarding your personal financial situation, you should consult a financial or tax professional to discuss your individual circumstances and objectives. Social Security benefits are subject to change, and the amount you receive depends on your earnings history, age, and other factors. The strategies outlined here are general recommendations and may not apply to every individual. Consult with a financial or tax professional to understand how these factors apply to your unique situation.

#### Sources:

https://www.ssa.gov/pubs/EN-05-10147.pdf

https://www.cbsnews.com/news/how-much-of-your-socialsecurity-income-is-taxable/



PIKES PEAK SENIOR NEWS · 5

#### Health and Wellness

# **Pickleball:** Seniors Can Play Safe, Have Fun, Stay Fit



#### By Dr. Charles Litch (DO)

Pickleball has taken the fitness community by storm, offering a fun, low-impact way to stay active and socialize. Preventing pickleball injuries is particularly important for older adults playing the sport. According to some estimates, the number of pickleball players is expected to grow 150% this year to 22.3 million, and one-third of those who play at least eight times per week are older adults.

In Colorado, our population is getting older. The number of people in the state who are 65 and older will increase by 35% over the next decade, a significant shift. With new pickleball facilities opening up across Colorado Springs and throughout Colorado, here are a few reminders to Colorado's active seniors who are looking to take up the sport.

#### Top Five Safety Tips for Playing Pickleball:

#### #1 Check in with your doctor:

Doing physical activity that requires moderate effort is safe for most people. But if you have been inactive, are not too fit, have any underlying health conditions or are overweight, it is safest to discuss this with your doctor.\*\*\*

#### #2 Start slow, stay hydrated, and wear sunscreen:

Start slowly and work your way up to more time or more challenging activities. Don't forget to stay hydrated and wear sunscreen.

#### #3 Proper equipment:

Wear proper shoes, eye protection, and use appropriate equipment.

**#4 Be aware of your playing area** and any obstacles, including avoiding wet pickleball courts.

#### #5 Have a plan in case of an emergency on the court.

When playing pickleball safely on a regular basis, the sport can potentially contribute to improved brain health, weight management, mitigation of the risk of diseases, strong bones and muscles, and enhance overall everyday functionality.

#### Top Health Benefits of Pickleball:

#### #1 Pickleball is low impact

Low-impact aerobic activities that don't put much stress on joints include brisk walking, cycling, swimming, water aerobics, light gardening, water exercises, and dancing.

#### #2 Pickleball is social

Social connectedness influences our minds, bodies, and behaviors – all of which may influence our health and life expectancy. Research shows that social connectedness can lead to longer life, better health and improved well-being.

#### #3 Pickleball helps with balance and is a multicomponent activity

Balancing exercises help prevent falling, which can help reduce the risk of injury. Walking backward, standing on one leg, or using a wobble board are all examples of balance activities. Strengthening your back, abdomen and leg muscles also improves balance. Multicomponent physical activity can include a combination of moderate or vigorous-intensity aerobic activity, muscle strengthening and balance training. Dancing, yoga, tai chi, gardening, or sports are all examples of multicomponent activities because they usually incorporate multiple types of physical activity.

While embracing the fun and fitness benefits of pickleball, overall, it's important for all new players – particularly seniors – to prioritize safety on the court. For allof Colorado's active seniors, I encourage them to exercise, train and stay healthy so they can play pickleball and other sports while reducing the likelihood of injury.

\*\*\*Optum Disclaimer: Talk with your doctor before significantly increasing your activity level. This is especially important for those with underlying medical conditions. Ask about the amounts and types of activities that may be best for you.

PIKES PEAK SENIOR NEWS · 6

# RIDE FREE for the SUMMER 2025

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PIKES PEAK SENIOR NEWS · 7

#### Health and Wellness

# The Benefits of Outdoor Exercise

#### By Will Winsborrow

As we age, staying active becomes increasingly important for maintaining overall health and wellbeing. While indoor workouts have their advantages, outdoor exercise offers unique benefits that enhance both physical and mental health. Seniors who embrace outdoor activity can enjoy fresh air, social engagement, and improved mobility, all while connecting with nature.

#### **Physical Health Enhancement**

Outdoor exercise provides a natural and enjoyable way to stay fit. Regular movement helps:

- Strengthen muscles and joints, reducing the risk of falls and injuries.
- Improve cardiovascular health by walking, cycling, or engaging in light jogging.
- Boost flexibility and mobility through activities such as yoga or stretching in the park.
- Increase vitamin D levels from sun exposure, which supports bone health and immune function.

#### **Boosts Mental Well-Being**

Spending time outdoors has been proven to have positive effects on mental health. Seniors who exercise outside experience:

- Reduced stress and anxiety, thanks to calming nature environments.
- Improved cognitive function, as movement enhances blood circulation to the brain.
- Lower risks of depression, as sunshine and fresh air naturally lift mood.

#### **Encourages Social Interaction**

Outdoor exercise allows seniors to connect with others and remain socially active. Group activities such as walking clubs, tai chi classes, and community gardening offer:

- Opportunities to form friendships and strengthen social bonds.
- A sense of belonging, reducing feelings of isolation.
- Motivation and accountability, making exercise more enjoyable and consistent.

### Promotes Independence and Mobility

Regular outdoor movement encourages seniors to remain independent by:

Improving balance and coordination, preventing mobility issues.

- Enhancing endurance and strength for everyday activities.
- Encouraging exploration and engagement with the community.

### Supports a Connection with Nature

Being outdoors allows seniors to appreciate the beauty of nature, which:

- Encourages mindfulness and relaxation.
- Provides sensory stimulation through sights, sounds, and fresh air.
- Fosters appreciation for the changing seasons and outdoor landscapes.

Outdoor activities are pleasurable, but safety is still paramount. Here are some safety tips for outdoor exercising and activities.

#### **Choose the Right Environment**

- Pick well-maintained paths with even surfaces to reduce the risk of trips and falls.
- Avoid overly crowded areas where sudden movements from others may cause imbalance.
- Exercise in well-lit spaces, especially if going out early in the morning or evening.

#### Health and Wellness

#### Wear Appropriate Clothing and Footwear

- Dress in layers to accommodate changing temperatures.
- Opt for moisture-wicking fabrics to stay dry and comfortable.
- Wear supportive shoes with good grip to prevent slipping.

#### Stay Hydrated and Monitor the Weather

- Bring water and drink regularly, even if you don't feel thirsty.
- Avoid outdoor exercise during extreme heat, cold, or poor air quality.
- Wear sunscreen and protective clothing to prevent sunburn.

#### **Know Your Limits and Pace Yourself**

- Start with low-impact movements and gradually build intensity.
- Listen to your body—stop if you feel dizzy, fatigued, or experience pain.
- Modify exercises to suit your fitness level and mobility.

#### Bring a Companion or Let Someone Know Your Plans

- Exercise with a friend or group for added safety and motivation.
- If alone, inform a family member or friend about your location and estimated duration.
- Carry a phone in case of emergencies.
- Use Assistive Devices if Needed

- Walking sticks or canes can provide additional support and stability.
- Consider wearing a medical alert bracelet if you have specific health concerns.
- Use benches or railings for balance during stretching or bodyweight exercises.
- Be Aware of Your Surroundings
- Watch for uneven ground, slippery spots, or unexpected obstacles.
- Stay alert to traffic when walking or cycling near roads.
- Keep an eye out for wildlife that may pose a risk.

#### **Final Thoughts**

Outdoor exercise offers seniors a holistic approach to health, enriching their physical strength, mental clarity, and social well-being. Whether through gentle walks, stretching, or group fitness activities, embracing the outdoors can lead to a more vibrant, active lifestyle. So why not step outside and enjoy the many benefits that nature has to offer?



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#### Senior Lifestyle

# Colorado Seniors Gear Up for 2025 Games

#### By Ashley Miller

The Colorado Senior Games, presented by Medicare Mentors, is a multi-sport event held annually in Colorado Springs in partnership with the YMCA of the Pikes Peak Region and the Colorado Springs Sports Corporation. Created to promote health, wellness, and active aging, the Games offer individuals aged 50 and over the opportunity to compete in more than 15 different sports from pickleball and archery to track and field.

Open to athletes of all abilities, the Games serve not only as a community celebration of fitness but also as a qualifier for the National Senior Games, taking place in Des Moines, Iowa, from July 24 to August 4, 2025. While the chance to advance nationally is exciting, the real spirit of the Colorado Senior Games lies in its mission: fostering community, encouraging healthy habits, and celebrating the vibrant lives of older adults.

What makes the Games so special is the mix of seasoned athletes and first-time participants. Experienced competitors get to continue pursuing their passion, while newcomers can discover new interests and prioritize their well-being in a supportive and inclusive setting. This welcoming spirit helps foster camaraderie, personal growth, and connection across diverse backgrounds and skill levels.

For 50-year-old Tom Martinez, a Pueblo native and recent retiree, the return of the Colorado Senior Games couldn't come soon enough. "I've been waiting for this," Tom said. "I just turned 50 and signed up for pickleball—my new obsession! I love that there's a place where I can stay active, meet other people, and challenge myself in a fun, positive way."

Indeed, the benefits of participation go far beyond the physical. The Games also nurture mental and emotional wellness. From building confidence and resilience to reducing stress and improving mood, staying active is one of the most effective ways to age well. The Games are a joyful reminder that aging isn't about slowing down it's about showing up.

"The Colorado Senior Games are more than just a competition," said Megan Leatham, President & CEO of the Colorado Springs Sports Corporation. "This event brings seniors from across the state together to celebrate movement, motivation, and meaningful connections. I'm so excited for this event, but I must admit, I'm a little bummed I can't participate myself!"

The event doesn't just uplift the athletes — it energizes the entire community. Partners, children, grandchildren, and neighbors gather to cheer on their loved ones, while the athletes themselves inspire younger generations to embrace healthy, active living for life.

Community involvement plays a huge role in making the Colorado Senior



Games a success. The Colorado Springs Sports Corporation's volunteer program, C.H.A.M.P.S., mobilizes enthusiastic individuals to help with everything from event setup and logistics to athlete support and check-in. Their warm, energetic presence creates the friendly atmosphere that makes the Games so special.



#### Senior Lifestyle

This year, that effort is being powered by the Pikes Peak Area Agency on Aging, the event's official Volunteer Sponsor. Their support helps fuel the spirit of service that makes the Games run smoothly and ensures that every athlete and guest feels welcomed and supported.

Local sponsors like Medicare Mentors also play a critical role. Their commitment helps keep the Games accessible and enjoyable for all participants, providing the resources needed to create a memorable and meaningful experience.

### So, how can you get involved? There are two great ways: compete or volunteer!

Registration is now open for adults aged 50 and over. With a broad range of sports tailored to different abilities and interests, there's truly something for everyone—whether you're a competitive runner, a recreational pickleball player, or just curious to try something new.

If competing isn't your thing, consider signing up as a volunteer. Whether you're helping manage logistics, greeting athletes, or cheering from the sidelines, your energy and time will make a lasting impact. Plus, it's a great way to connect with others and stay active in the community.

The Colorado Senior Games are about more than medals or scoreboards — they're about purpose, perseverance, and participation. They prove that no matter your age, it's never too late to try something new, reach a goal, or be part of something that brings people together.

Register or volunteer today, and join the movement to make the 2025 Colorado Senior Games the most inspiring yet; Coloradoseniorgames.org.







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### PALLIATIVE CARE | HOSPICE | GRIEF SUPPORT

# The 2025 U.S. Senior Open: A Championship to Remember at The Broadmoor Resort

#### By Keri Hardin

Championship Manager - 45th US Senior Open Championship

In the world of golf, few events hold the prestige of the U.S. Senior Open, and the upcoming 45th championship at The Broadmoor resort in Colorado Springs promises to be an unforgettable showcase of skill, tradition, and breathtaking scenery.

From June 25 - June 29, the U.S. Senior Open will offer a week of thrilling golf and fan activities. Beyond the championship rounds, attendees can enjoy interactive experiences, browse limited-edition Senior Open merchandise, and enjoy opportunities to engage with pros. A wide variety of ticket options are now available with prices that start under \$30. Kids 17 and under are admitted free, making it an accessible event for families. The Broadmoor ensures a welcoming atmosphere, from familyfriendly activities to convenient seating options, catering to lifelong golf fans and newcomers alike.

#### **Be Part of History**

The Broadmoor, a luxury resort framed by the Rocky Mountains, has a rich legacyof hosting major golf events. Since opening in 1918, it has hosted nine major championships, including the 1959 U.S. Amateur (Jack Nicklaus' first major win) and the 1995 U.S. Women's Open (Annika Sorenstam's first major title). Most recently, the East Course hosted the 2018 U.S. Senior Open, where David Tomsheld off the field including his closest pursuer Miguel Angel Jimenez for a dramatic victory on the 72nd hole. The East Course, crafted by Donald Ross and Robert Trent Jones, Sr., offers a meticulously maintained and challenging venuefor the Senior Open, with its world-class amenities and scenic vistas enhancing the experience.

The U.S. Senior Open, conducted by the USGA, is a premier event for golfers aged 50 and older, drawing legendary names and fan favorites. Come cheer on Fred Couples, Padraig Harrington, Ernie Els, Jim Furyk, Steve Stricker and other legends of the game as wecelebrate the careers of players who have left a lasting impact on the sport yet still yearn for this coveted National Championship. These iconic players, and dozens more, will all be competing for the esteemed trophy that signifies excellence in senior golf.

Long-time Coloradoan and World Golf Hall of Fame member Hale Irwin has been named honorary chair of the event. Irwin, an exceptional athlete at the University of Colorado, went on to win two U.S. Open and three U.S. Senior Open Championships."The Broadmoor is special place for me, my wife Sally, and our family along with my great association with long-time director of golf Dow Finsterwald. It is revered in the history of professional and amateur golf with great champions from (Jack) Nicklaus







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to (Annika) Sorenstam. I know how much the region, especially the Colorado Springs and Denver communities, will support this championship but also appreciates this great game."

#### **Military Appreciation**

Colorado Springs is proud of its military community, with five nearby installations including the United States Air Force Academy, Fort Carson, and Peterson Space Force Base. To honor the men and women who have bravely served our country, Wednesday, June 25th will be Military Appreciation Day. All current and former service members, plus a guest, will be granted free admission to the event. General Admission tickets for military are50% off through the rest of the Championship weekend. Be sure to secure your tickets prior to the event by visiting ussenioropen.com.

While at the event, service members and a guest are welcome to visit the Military Outpost, presented by your local Colorado Ford Stores. The Military Outpost will offer a relaxing atmosphere with complimentary snacks and beverages for our valued service members.

#### **Family Friendly Fun**

Junior golf programs have experienced a 40% increase in the past five years, making the Senior Open a great experience for kids of all ages. Kids 17 and under will be admitted for free with a ticketed adult. Also, the Senior Open will serve as a qualifying site for the Drive, Chip & Putt competition, where girls and boys ages 7-15 will have the opportunity to showcase their skills with the opportunity to advance to the National Finals at the Augusta National Golf Club.For more information visit coloradopga.com.

#### **Upgraded Ticket Options**

Are you looking for a top-notch experience to match the Five Star, Five Diamond accolades of The Broadmoor? Look no further than the Champions Club. Located on the second floor of The Broadmoor Golf Club with

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#### Don't Miss Out!

Tickets are selling quickly! As June approaches, the excitement for the U.S. Senior Open at The



Broadmoor continues to grow. This championship will be a celebration of golf's legends, set against one of the most beautiful backdrops in the country. Mark your calendars and prepare for a week of competition, camaraderie, and community, honoring the spirit of golf in Colorado Springs. For more information visit ussenioropen.com.



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# Local Student and Canine to Compete at International Level on Junior Dog Agility Team

Team Slated to Travel to Portugal for Competition This Summer

#### **By Trevor Phipps**

As anyone who has lived in Southern Colorado knows, the Pikes Peak Region is dog country. In fact, in 2024 Colorado was ranked the most pet-friendly state in the country and in 2023 the state was picked number one for the most devoted dog owners.

The south part of the state is no different as several residents and visitors alike enjoying company from canine companions. To prove that dog lovers come in all ages and walks of life, one young Southern Coloradan just accomplished the task of putting the region on the map by earning a spot at an international dog agility skills competition.

Kaitlyn Dill (who is a junior at Merit Academy in Woodland Park, located around 20 miles west of Colorado Springs) and her canine companion "Adios" were recently selected to be on the 2025 AKC Junior World Agility Team USA and



compete in the Junior Open Agility World Championship (JOAWC). The international competition that takes place in Abrantes, Portugal from July 9 to July 13 is the equivalent to the junior Olympics in their sport as the Olympics do not offer dog agility as a part of their official competitions.

Dog agility is a contest where a handler directs their dog through a pre-set obstacle course in a race for both time and accuracy. The dog runs off-leash and the handler unable to touch the canine or the obstacles.Dill and Adios became a team in December 2022, starting by initially focusing on local events in Colorado. They work with agility trainer Kathleen Oswald, who has prepared Kaitlyn and Adios to compete at this junior world championship, as well as other national events across the country.

Dill found her passion for the sport back in 2020 when a German Shepard puppy was added to their family. They quickly realized the canine needed obedience training and once they were finished they learned about agility training.

Dill and her German Shepard completed some agility training exercises and she learned that the German Shepard didn't really like doing it. But, Dill found that she loved it. Through her trainer, they were able to connect her with Adios (a two-year-old Shetland) who found a passion for the sport as well.

"Agilities is a really fun sport," Dill said. "It's very fastpaced. It's a time-based event, where we do the obstacle course and depending on who completes all the obstacles fastest wins. But, if the dog does not complete an obstacle correctly, then you can get eliminated. So it goes by whoever has the most clean run and then it goes by time."

PIKES PEAK SENIOR NEWS · 16

#### **Animals We Love**

The agilities course tests several skills of the dog and trainer with a variety of obstacles. The dog must manage things like a puppy teetertotter, running through hoops and maneuvering over jumps.

Dill and Adios started competing locally at first, and then they travelled across the country at various competitions. They then decided to try out to become one of 24 teams to compete on the Junior World Agility Team USA.

#### Competitions Enable Handler to Better Connect with Canine

According to Dill, the agilities training she did with Adios all starts with getting strong obedience training as a foundation. "You can't do agility without any sort of obedience because your dog needs to have a nice, solid recall, good listening ears and a really good 'sit' and 'stay' for you to be able to walk out into the court a little bit before you can release them," Dill explained.

Overall, Dill said that completing the training and competing with Adios has help her gain a better relationship with her canine friend. "Our connection wouldn't be anywhere as close as it would be if we hadn't done agility," Dill said. "I mean I know him inside and out. If he was just a pet dog, we wouldn't have that same connection of, 'Oh, I know exactly what you are going to do at this second.' There's a difference between just going for a walk together, and no we are going to compete together. And he loves it just as much as I do."

Dill said that those interested in pursuing the sport need to start with a strong base of obedience training. Then, they can go to other training centers and try agility. Dill said competing won't happen overnight and it is something that takes extensive training.

When she and Adios are not competing, she spends time with her studies and competing in cross country. When he is not jumping hurdles and racing over obstacles, the four-year-old Adios loves playing Frisbee and doing nosework. The duo also enjoys exploring the beautiful mountains of Colorado by hiking and going on kayaking adventures together.

Dill said that she plans on competing in the sport in the future. She may consider becoming an agilities trainer someday, but now she is more focused on competing as a sport/ hobby than making it a career.

Overall, Dill contends that she plans to make her best of the opportunity to represent her hometown state at the worldwide level.



#### **Travel and Leisure**

# Take a Scenic Trip and Enjoy Beautiful Bailey, Colorado

*Riverside Dining and a Bigfoot Museum Prove Themselves as Popular Attractions* 



#### **By Trevor Phipps**

Living in a city on Colorado's Front Range definitely has its perks, but it is always nice to escape from time to time. Luckily, Colorado Springs and other Front Range cities are located close to several National Forests and beautiful mountain sceneries.

In the next month, the brunt of the summer season will finally hit Colorado's high country. Temperatures are already slowly starting to rise and before long the bright colors of spring and summer will start to pop up everywhere.

Although Colorado has many designated scenic drive tours that offer exquisite views, there are many roads traversing the state that may not be as popular, but still have unique sights and attractions. For those who wish to try new things and travel to new places, a scenic circle trip through Teller and Park Counties could be perfect for a spring/summer day or overnight trip.



PIKES PEAK SENIOR NEWS · 18

One of the most popular gateways to Colorado's Rocky Mountains from Colorado Springs is to take Highway 24 west to Woodland Park. Once arriving in "The City Above the Clouds," the options for outdoor recreation are endless. And, there are several passageways leading to picturesque sceneries and one-of-akind roadside stops.

For summer 2025, the team at Pikes Peak Senior News has decided to craft their own unique route of a giant circle through Colorado that they found was worth taking. The following is a guide through various attractions and views that can be seen travelling through Bailey and other towns on this custom journey.

#### Head North of Woodland Park and Travel Along the South Platte River

Once entering Woodland Park it is a good idea to stop and get gas, a drink or a snack because it will be the last chance at amenities for about an hour on this journey. After taking care of the necessities in Woodland Park, head north on Highway 67 towards Deckers. Located a little over 20 miles north of Woodland Park, Deckers sports a small general store and a fly shop inside a small shopping center that sits right where a creek and the South Platte River's South Fork merge.

At the "Y" at Deckers, stay to the left

and the road will wind for some time right along the roaring river. Those who like to fly fish could take a stop at one of the pull offs next to the road and try their luck in the area's gold stream trout fishing waters.

Heading further north on Deckers Road will take visitors through the brutal burn scar of the infamous Hayman Fire that torched the region in 2002. Then after driving up a long hill, the road opens up to a large valley that can be seen at the Deckers Road Overlook.

Continuing north will take travelers through the small mountain communities of Pine Grove and Buffalo Creek. While going through Buffalo Creek, visitors will witness the effects of yet another devastating forest fire, the Buffalo Creek Fire of 1996 that scorched nearly 12,000 acres. In between the towns of Buffalo Creek and Pine Grove, people can experience the beauty of the picturesque Swan Hereford Ranch that is situated along the North Fork of the South Platte River.

Heading north through Pine Grove will then take motorists to the small town of Pine Junction where there are a handful of eateries and a chance to get gas. Turning left at Pine Junction will then take adventurers on Highway 285 heading west. Seven more miles and the day trip destination of Bailey, CO has been reached.

#### **Travel and Leisure**

#### The Charming Small Town of Bailey, CO

Bailey is located about 46 miles southwest of Denver and the community that sits along a scenic curve in the South Platte River is filled with beautiful views and unique attractions. While small, the town does have the basic amenities like a small grocery store, a gas station, restaurants and some lodging. But, much of the beauty of Bailey comes from the scenery that surrounds it.

Besides being nestled on the shore of the roaring North Fork of the South Platte River, it also serves as a gateway to giant outdoor recreation hubs. "Bailey sits just outside the Lost Creek Wilderness Area in the Pike National Forest, where week-long backpacking trips and day hikes are popular," Colorado.com states."The logging roads and pack trails crisscrossing the area's hilly terrain are a mountain biker's dream and first-rate fly-fishing opportunities abound."

The town serves as an entryway to the state's South Park National Heritage Area. "Colorado's mining and ranching heritage lives on in Park County's South Park, an area known for its wealth of lovingly preserved historic structures and exquisite landscapes," an article published by Colorado.com reports. "Incorporating the central Colorado communities of Alma, Como, Fairplay, Hartsel, Jefferson and Lake George, the South Park National Heritage Area embodies the spirit of the American West."

McGraw Memorial Park is a feature of downtown Bailey that travelers should not miss. Entriken Cabin, Shawnee School, a Keystone railroad bridge and several other period artifacts from the local area are preserved inside the park.

By this time, most coming from Colorado Springs will have worked up quite an appetite, and luckily there are a decent amount of food options to choose from. One popular



spot is the Cutthroat Café that offers "Mountain Casual Homestyle Cooking." The eatery's giant menu has classic American meals for breakfast, lunch and dinner including a slew of sandwiches and burgers. The town also offers Mexican and Chinese food options.

For those looking for more of a nostalgic place to eat, they might prefer the internet-famous Coney Island Boardwalk Hot Dog Stand located just west of Bailey off of Highway 285. "The 1950s-style diner is shaped like a hot dog with toppings," Uncover Colorado states."There is limited indoor seating, however it does have a spacious wooden patio surrounded by nature, along with riverside picnic tables.The hot dog is 42 feet long and the bun is 35 feet. Together they weigh 18 tons.The menu showcases a variety of hot dogs and topping combinations. They also serve bratwursts, made from pork and elk, and even a vegetarian carrot dog."

#### Visit the One-Of-A-Kind Sasquatch Outpost

Due to an abnormally large amount of Bigfoot (also



Climb aboard the historic Cumbres & Toltec Scenic Railroad which operates in the scenic landscapes of southern Colorado and northern New Mexico. Journey back in time experiencing the Old West as it was in 1880, as you venture over the highest mountain pass reached by rail, cross gorges and trestles, blast through tunnels, and chug across alpine meadows and high deserts. Depart from Antonito, Colorado or Chama, New Mexico for a ride of a lifetime!

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#### **Travel and Leisure**

known as Sasquatch) sightings around Bailey (and the state of Colorado as a whole), the town is also home to the Sasquatch Outpost. Not only do visitors get several chances to pose for a picture with various renditions of the giant (mythical?) creature, they have one of the largest gift shops around dedicated just to Bigfoot. Inside people can find everything "Bigfoot"-themed including figurines, hats, shirts and even underwear.

The Sasquatch Outpost is also home to the interesting and mind-opening Sasquatch Encounter Discovery Museum. "Listed as one of the top 10 wackiest places to visit in all of Colorado, the Sasquatch Museum is a must-see for anyone who has any interest in Bigfoot," the business's website states.

Upon entering the museum, visitors are asked to look all around them for signs of the creature that people may or may not believe even exists. Throughout the museum, there are various physical renditions of the creature hiding in places where they have allegedly been found in the wilderness.

The museum is filled with personal testimonies, alleged evidence of the presence of Bigfoot, videos and sound clips and history all about the infamous giant, ape-like creature. The museum also contains a map that has a pin on the location of every Sasquatch sighting ever recorded in Colorado. At the end of the self-guided museum tour, patrons are asked to vote whether or not they think Bigfoot exists by placing a chip in a box marked either "Yes, I'm a believer"; "I'm not sure"; or "No, Bigfoot is not real."

#### A Brewery AND a Winery

For a small town, Bailey definitely hits the spot for those who wish to partake in craft brews and wines. The Aspen Peak Cellars Winery and Bistro and the Craft Mountain Brewing Company are both located in downtown Bailey.

Aspen Peak Cellars is a unique winery located on the shore of the South Platte that offers both delicious food and wine selections. When the weather is nice, patrons have the choice of dining on a table with an umbrella on the shore of the raging river. The venue also offers live music on weekend afternoons year-round.

The Craft Mountain Brewing Company sports a large patio with craft-made beers and house-made cocktails. "Inspired by the German Beers and Beer Gardens, we have developed recipes over the years that will delight discerning beer drinkers from Denver and the Front Range communities," the brewery's website states."We also have great food and plenty of outdoor seating and board games to keep the family entertained."

### End the Trip with Another Scenic Drive or a Night's Stay in Fairplay, CO

After visiting Bailey, this journey offers travelers two options. Those who just wish for a day trip with scenic PIKES PEAK SENIOR NEWS  $\cdot$  20

views can continue heading west on Highway 285 and go over Kenosha Pass. One spot on the mountain pass is famous for moose sightings.

Those who don't wish to stay the night can then turn south on Tarryall Road in the small community of Jefferson. This route will take adventurers past the Michigan Creek property that was recently acquired by the Colorado Parks and Wildlife Division as a wildlife conservation area.

For those who would like to take a pit stop, they can stop at the Stage Stop Saloon located a few miles south of Jefferson off of Tarryall Road. Here, customers can enjoy a snack or a beverage to continue their journey. Heading further south on Tarryall Road will take motorists past Tarryall Reservoir, and along Tarryall Creek to Lake George located on Highway 24, 40 miles west of Colorado Springs. Taking Highway 24 west will then bring travelers through Woodland Park and back to Colorado Springs.

For those who wish to stay the night, they can head further west on Highway 285 and stay at a motel in the town of Fairplay. Fairplay is home to the historic South Park City where an old Wild West town is put on display. Fairplay is also located in close proximity to Breckenridge and Alma that are always worth a visit. After staying the night, those who wish to return to Colorado Springs can do so by heading south on Highway 9 to the town of Hartsel and then head east on Highway 24.

#### A Quick Stop Before Heading Home

Before returning to the hustle and bustle of the big city, it is a wise idea to stop in one of the small communities located in the Ute Pass Region between Woodland Park and Colorado Springs, like Green Mountain Falls or Cascade. Both small towns have eateries to stop at on the way home or beautiful mountain parks to check out and throw a picnic.

Green Mountain Falls is home to eateries like the Blue Moose Tavern, Cantina Verde and The Pantry Restaurant. For those who don't wish to eat out, they can enjoy a picnic at the park in the center of the town that dons a creek, a pond and a gazebo.

For those who wish to get a little closer to home before stopping, Cascade (located just 10 miles west of Colorado Springs) is another option. The small town is home to Wines of Colorado that serves a large variety of Colorado wines and offers river-side dining. Cascade Park is located just up the hill from Highway 24 and it offers a cozy wooded area with a creek running through it that proves to be a perfect picnic spot.

# Farmers' Markets in the Pikes Peak Region

It's that season! Time to enjoy and cook with the fresh produce from local farmers. There is a farmers' market in Colorado Springs available every day of the week and all across the city and region.

Many markets provide a variety of fresh fruits, vegetables, flowers and edibles as well as crafts from local artists.

#### Mondays

 Western Museum of Mining and Industry Dates: TBD for 2025
 Time: 9 am - 6 pm
 Where: 225 North Gate Blvd.

#### Wednesdays

- Briargate Farmers Market
   Dates: May 28th-Sept 4th 2025
   Time: 9 am 2 pm
   Where: 7610 N. Union Blvd.
- Colorado Farm and Art Market Dates: TBDfor 2025 Time: 3-7 p.m.
   Where: Pioneers Museum, 215 S. Tejon St.
- Western Museum of Mining and Industry Dates: TBD for 2025
   Time: 9 am - 6 pm
   Where: 225 North Gate Blvd.

#### Thursdays

- Backyard Market at Park Union Dates: TBD
   Time: 4:30 pm - 8 pm
   Where: The Meanwhile Block.
   108 West Cimarron. Park Union
- Banning Lewis Ranch at Vista Park Dates: May 22nd-August 28th 2025 Time: 4 pm - 7 pm Where: 8833 Vista Del Pico Blvd.
- Urban Market at the Buffalo Lodge Bicycle Resort Dates: TBD Times: 5:30-8:30 pm Where: 2 El Paso Blvd.

#### **Fridays**

- Woodland Park Dates: Every Friday; June - September 2025 Time: 8 am - 1 pm Where: 117 Center Ave.
- UCCS Farmers Market
   Dates: 3rd Friday of Every Month, June 27th-Oct 3rd, 2025

   Time: 12 noon - 4 pm
   Website: https://farm.uccs.edu/farmers-market

#### **Saturdays**

- Old Colorado City Farmers Market Dates: Every Saturday; June 7th - October 11th, 2025 Time: 8 am - 1 pm Where: W. Colorado Ave. & 24th St.
- Monument Hill Farmers Market Dates: May 24 – October 4, 2025 Time: 8 am - 2 pm Where: 66 S. Jefferson St.
- Colorado Farm & Art Market Dates: TBD
   Phone: 719-640-6154
   Where: Margarita at Pine Creek; 7350 Pine Creek Rd.
- Fountain Community Market
   Dates: May 31rst September 27, 2025

   Time: 8 am 2 pm
   Where: Metcalfe Park
- Backyard Market in Black Forest Dates: May 24-October 11th, 2025 Time: 9 am - 1 pm Where: 12530 Black Forest Rd.

#### **Sundays**

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Dates: May 25th–August 31rst, 2025 Time: 10 am - 2 pm Where: 11894 Grand Lawn Cir.

#### Summer Music Events —

### **Summer Music Events**

(visit their website for any last-minute scheduling changes)

#### Summer Concert in the Pikes Peak Region

What: Join First & Main Town Center for live music, drinks and a good time! June 6th: SofaKillers, June 13th: KOPESETIC, June 20th: The Guardians Band, June 27th: Zeppelin Alive, July 4th: Run with Scissors, July 11: SOAPDISH, July 18th: Wirewood Station, July 25th: Martini Shot
 When: Every Friday, June 6th through July 25thTime: 5-7pm
 Where: First & Main Town Center

#### **Classic Tuesdays Summer Concerts**

#### In Old Colorado City 2025

- What: Old Colorado City's "Music in the Park" series features free outdoor concerts in Bancroft Park.
  A variety of local bands perform, including the 719 Band, Rafiel & the Roomshakers, and Jake Loggins Band.
  When: Tuesday Nights, June-September -
- The concerts run from 5:30 PM to 7:30 PM. Cost: FREE

#### Summer Music Festival 41st Season:

#### **Colorado College**

- What: Five Festival Artists Concerts, two Festival Orchestra Concerts conducted by Scott Yoo, special On the Fringe event: The Soldier's Tale, Children's Orchestra Concert presenting Dr. Seuss's Green Eggs and Ham, Music and Art Talk celebrating Mary Chenoweth, and so much more in store this June!
- Where:
   Colorado College- Packard Hall

   14 E. Cache La Poudre St. Colorado Springs
   80903

   Web:
   https://www.coloradocollege.edu

   /other/summermusicfestival/

#### Jazz in the Gardens (May-August)

- What: Since 2010, Jazz in the Garden at Grace and St. Stephen's has offered the perfect place for families and friends to gather over picnics and listen to some of the best jazz musicians in Colorado Springs and are 100% free to all.
   When: The 2025 season begins on May 30 at 7 pm
- Where: In the garden at the corner of N. Tejon and Monument Streets just blocks parth of downtown and continues
- Streets, just blocks north of downtown and continues alternate Fridays through August 22nd. Bring a picnic, lawn chairs and blankets. We'll provide beverages (for donation). Concerts take place rain or shine (we move indoors in the case of weather).
- **Email:** For questions, please contact us at jazz@gssepiscopal.org

#### Schedule

#### Look'ee Here Fri., May 30 7pm

Led by Mango fan Django founder Archtop Eddy, Look'ee Here explores the roots of jazz and blues, featuring a stroll from Piedmont blues to Gypsy jazz to New Orleans swing. With Eddy as your guide we'll connect the dots in an adventure for your ears.

#### Trēo Fri., June 13 7pm

TRĒO is a jazz-fusion trio that blurs the styles of traditional jazz, fusion, rock, blues, and progressive funk. With eclectic arrangements of classic rock tunes, TRĒO pushes the boundaries into a new genre of jazz. Performing compositions unlike anything in Colorado Springs, these instrumentalists will undoubtedly surprise the average listener and the ultimate jazz gurus alike.

#### Paul Musso Quartet Fri., June 27 7pm

Denver guitarist and vocalist Paul Musso makes his Jazz in the Garden debut, playing a musical blend of old and new, with classic jazz standards, Brazilian bossa nova, and original music. As a freelance guitarist who has performed throughout the US with many ensembles including the Colorado Symphony, the Boulder Festival Orchestra, the Aspen Music Festival, and the Westcliff Jazz Festival, Musso is also a committed educator, teaching at CU Denver and as director for the jazz and commercial guitar program there.

#### Tony Exum, Junior Fri., July 11 7pm

Join us for some of the best smooth jazz in Colorado Springs or anywhere as we host saxophonist Tony Exum, Junior. Exum's musical skill and sense of humor effortlessly connects him with his audience. He exudes the unique chemistry of passionately seductive soul, flirtatious solos reminiscent of old school R&B. See more at http://www.tonyexumjr.com/

#### Pikes Peak Musicians Association Jazz Orchestra Fri., July 25 7pm

Jazz in the Garden is excited to introduce the Pikes Peak Musicians Jazz Orchestra. These outstanding local musicians have come together to create a unique experience for Jazz in the Garden. Their program will include Leonard Bernstein's Prelude, Fugue and Riffs, and will feature clarinet soloist Sergei Vassiliev. Come out and hear a whole new jazz sound for the Garden.

#### USAFA Jazz Band Fri., August 8 7pm

The professional Airmen-musicians in the Falconaires follow a long blue line of talented Air Force Academy bandsmen, dedicated to serving our great nation. They represent the young men and women at the United States Air Force Academy training to be officers of character who will lead our Air Force and Space Force. The USAFA Falconaires play a major role in cultivating our national heritage through American jazz!

#### Hennessy 6 Fri., August 22 7pm

Trumpeter Sean Hennessy is a protégé of jazz legend Wynton Marsalis. He has performed at Carnegie Hall, The Kennedy Center and across the country, exhibiting beautiful heartfelt melodies, light jesting humor and spirited and touching jazz. His most recent recording features the Colorado Springs Youth Symphony. Sean and his band always delight as they present jazz with a modern look.Summer Festivals in June

#### **Community Dental Health** PLAY SUDUKO Key on page 30. Keep your smile sunny bright, and your mouth physically fit by making your dental appointment with us! 9 Providing quality dental care Δ based on your true dental needs. 3 1 Grant Funding support for low-income, uninsured people of all ages to make dental care affordable. 8 1 Medicare, Medicaid & various insurance also accepted. 719-310-3315 | 3650 Rebecca Lane | Colorado Springs, CO 6 4 8 3 9 5 **NEED EXTRA CASH?** 2 9 1 Sell Your Extra **Diabetic Supplies Today!** 3 **Call Now for a Quote!** 8 6 719-284-3023 2 3 4 Welcome to Paloma Garden Apartments, a brand new Affordable Senior Living Community (62+)! Paloma Garden apartments offer modern living with amazing move-in specials! FREE MONTH OF RENT (restrictions apply) **\$99 SECURITY DEPOSIT HOLD** PALOMA **\$201 REMAINING SECURITY DEPOSIT AT MOVE-IN** GARDEN No Pet Deposit Community Features & Amenities: Private patio/balcony 920 S. Chelton Rd **Colorado Springs** Colorado 80910 • Close to bus lines • Clubhouse with Wi-Fi & Cable TV On-site Dog Run Red Rock Palom • Ample Closet Space Broadmoo • Vinyl Plank Flooring

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#### Colorado Recipes

# Spaghetti Salad

1 pound spaghetti Salt (for boiling water) 3 mini cucumbers, sliced 1.5 cups cherry tomatoes, halved 1 green bell pepper, diced 1/2 large red onion, diced 2.25 oz can of black olives, drained 8 ounces mozzarella pearls 16-ounce bottle Italian dressing 2 to 3 tablespoons salad supreme seasoning 1/2 cup grated Parmesan cheese

- 1. In a large pot, adding a generous amount of salt to flavor the spaghetti.
- 2. Once the water reaches a rolling boil, add 1 pound of spaghetti. Cook the spaghetti until it is al dente, which typically takes about 8-10 minutes.
- 3. After cooking, drain the pasta and immediately run it under cold water to halt the cooking process. Set the cooled spaghetti aside in a large bowl.
- 4. While the pasta is cooking, prepare the vegetables. Slice three mini cucumbers and halve 1 1/2 cups of cherry tomatoes.
- 5. Next, dice one green bell pepper and half of a large red onion.
- 6. Once the spaghetti is cooled, add the sliced cucumbers, halved tomatoes, diced bell pepper, diced onion, and a can of drained black olives to the bowl.
- 7. Now it's time to add the cheese and dressing! Toss in 8 ounces of mozzarella pearls, pour in a 16-ounce bottle of Italian dressing, and sprinkle 2 to 3 tablespoons of salad supreme seasoning over the top. Finally, stir in half a cup of grated Parmesan cheese.
- 8. Mix everything together thoroughly, ensuring all ingredients are well combined. Cover the bowl and place it in the refrigerator. For the best flavor, let the salad chill for at least one hour, but the longer it sits, the better the flavors meld together.

## **Five Minute Chicken Salad**

- Ingredients 2 cups cooked chicken diced
  - 1/2 apple diced but not peeled
  - 1/4 cup sliced grapes
  - 2 celery stems sliced
  - 1 seedless mini cucumber
  - 1/4 cup raisins

1/4 cup plain yogurt or sour cream 1/4 cup mayonnaise 1/4 tsp onion powder dashes of salt, pepper & dried parsley to taste



- 1. Prepare fruits and vegetables, slicing and/or dicing as needed.
- 2. Combine everything in a medium sized mixing bowl. Stir until well combined.
- 3. Use chicken salad in a sandwich, on crackers, as filling for lettuce wraps, or on a bed of lettuce.

Ingredients

Directions

Directions

### June 2025 Events

(visit their website for any last-minute scheduling changes)

#### Feast of Saint Arnold

What: "Colorado's Family Friendly Beer Festival " showcases the best of Colorado's craft brewers, winemakers, and emerging distilleries. It is located on the historic grounds of the Chapel of our Saviour Episcopal Church in the heart of the Broadmoor Neighborhood at the foot of Cheyenne Mountain.

When: June 14th, 2025 | 12 pm - 4:30 pm

- Where: Chapel of Our Savior Episcopal Church8 4th St, Colorado Springs, 80906
- Web: feastofsaintarnold.com

#### **Front Range Makers Market**

What: Our markets offer a wide variety of 100+ vendors for different styles and budgets. This year marks our 29th year in Monument. We're thrilled to share our summer market will be bigger and better than ever. Admission: Tickets \$5 at the door, kids 12 and under free.

When: June 7th, Saturday 9am-4pm & Sunday, June 8th, 10am-3pm

Where: Northwest parking lot Lewis Palmer HS / 1300 Higby Rd. Monument, CO 80132

#### **June Jubilee**

**What:** June Jubilee is a celebration of Fine Visual Arts and Handcrafted goods in the Center of Downtown Colorado Springs. This annual outdoor artisan marketplace features the works of more than 70 juried artists with a vast array of media including paintings, sculptures, glasswork, photography, ceramics, and woodwork, a huge selection of handcrafted goods, as well as some great live music, and community fun.

- When: June14th and 15th, Hours: 11am-6pm both days
- Where: Acacia Park in Downtown Colorado Springs 115 E Platte Ave

**Cost:** This is a family-friendly free event.

#### **Colorado Springs Western Street Breakfast**

What: Pikes Peak Range Riders and Rangerettes depart on horseback at 8 a.m., Kids Western Dress-Up Contest, Kids Corral with a petting zoo, roping the hay bale, gunslinger and trick rope. Appearances by Girl of the West and Aide to the Girl of the West.Performances by Exit West, Flying W Wranglers and Sweetwater Native American Hoop Dancers

When: June 18th, 20255:30 AM -9:00 AM

Where: Downtown Colorado Springs on Tejon St.

Cost: Entry is free and breakfast is just \$5 per person for pancakes, eggs and sausage & coffee, milk or juice. Delicious hot breakfast for just \$5 (kids 5 and under eat free)

Web: https://www.cswesternstreetbreakfast.com

#### **Pikes Peak International Hill Climb Fan Fest**

What: Join the Pikes Peak International Hill Climb on Friday, June 20th, in Downtown Colorado Springs and experience this 10-block street party – a celebration of all things automotive! Meet the drivers, see the cars, catch the autograph session with the Fast 15 qualifiers, visit top sponsors and witness the jaw-dropping, high flying FMX show!Fan Fest will take place rain or shine!
 When: June 20th, 20255:00 PM –9:00 PM

Where: 1 N Tejon St Downtown Colorado Springs

Cost: FREE to attend!

Phone: (719) 685-4400

Web: ppihc.org/fan-fest



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**Calender of Events** 

#### Parade of Ponds & Waterfalls

- What: The Parade of Ponds & Waterfalls, a self-guided tour of water features in Colorado Springs and the surrounding area. This 19th annual event is a charity event, with all proceeds from ticket sales matched and donated to the Boys & Girls Clubs of the Pikes Peak Region. This is a self-guided tour; attendees are responsible for their own transportation.
- When: Saturday and Sunday, June 28-29, 2025.
- **Cost:** Tickets are just five dollars per ticket and will be available online by June 1st.
- Web: https://purelyponds.com/parade-of-ponds/
- Phone: 719.896.0026

#### Pikes Peak International Hill Climb

- What: The Broadmoor Pikes Peak International Hill Climb is the second oldest motorsports race in America and has been a long-standing tradition in Colorado Springs and the Pikes Peak Region. The Broadmoor Pikes Peak International Hill Climb encompasses a 12.42-mile trek up Pikes Peak Highway with 156 turns that begins at 9,390 feet and finishes at the 14,115-foot summit. It is truly like no other race. What takes an average person around 1-3 hours to drive, takes these professional daredevils around ten minutes. The current record is an astonishing 07:57.148 and was set by Romain Dumas in the all-electric Volkswagen I.D. R Pikes Peak in 2018.
- When: Sunday June 22nd, Time: 7:30 a.m. (Gates open at 2:30 a.m. on race day)
- Where: 5089 Pikes Peak Hwy, Cascade 8099

#### **Green Box Arts Festival**

- What: The 2025 Green Box Arts Festival showcases the state's rich artistic legacy and contemporary creative excellence through performances, installations, and events featuring renowned Colorado artists alongside diverse national and international talent. Make sure to visit our website for the full schedule of events, with specific dates, times, and costs for the event. Some events are free while others have tickets associated with a cost; all events require registration!
- When: Spanning Friday, June 27 Saturday, July 12
- Where: 6990 Lake Street | Green Mountain Falls, CO | 80819
- **Phone:** (719) 465-3065
- Web: https://greenboxarts.org/events/

#### Southern Colorado Juneteenth Festival

What: Now in its fifth year, the three-day annual festival will be at The Citadel Mall in Colorado Springs and will be FREE to the public and open to guests of all ages. Join together with the greater community of Colorado Springs for this celebration featuring national artist headliners, local step show talent, a car show, a fashion show and endless games and activities. When: June 20 – 22, 2025

- Where: The Citadel Mall, 750 Citadel Drive East, Colorado Springs, CO 80909
- **Cost:** FREE admission to the three-day event for all ages

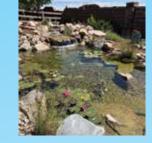
#### Victor Gem & Mineral Show

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- What: The annual Victor Gem & Mineral Show will be held June 16-18. The event will be held in downtown historic Victor and is free to the public. The show will include vendors from across the state selling Colorado dug minerals. Items for sale will include polished gems, hand-crafted jewelry, rough slabs, specimens, cabochons, geodes, Cripple Creek turquoise, and more. There will also be gold and gem panning at the Victor Lowell Thomas Museum.
- When: Saturday, June 21, 2025, 9:00am-5pm, Sunday, June 22, 2025, 9:00am-4pm
- Web: https://stcfg.com/gem-and-mineral-show/







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#### **Donkey Derby Days**

- **What:** For more than 80 years, Donkey Derby Days has topped the list of favorite Cripple Creek events. People from all over the world descend on downtown, drawn by a chance to watch a race inspired by the town's resident donkey herd, believed to be distant relatives of the original donkeys from the town's Gold Rush days.
- When: June 27th-29th, 2025
- Web: https://www.visitcripplecreek.com/event/donkey-derby-days/

#### **Pikes Peak or Bust Rodeo**

- What: The Pikes Peak or Bust Rodeo 2025 events include bareback riding, breakaway roping, steer wrestling, team roping, saddle bronc riding, tie-down roping, barrel racing, and bull riding. Over 200 of the best competitors in the business will bring edge-of-your-seat thrills to this year's crowd at the Norris Penrose Event Center. Tuesday through Saturday, evening performances begin at 7 pm, with Matinee performances at noon on Friday and Saturday. There's a ton to do before the Rodeo begins with grounds opening at 4 pm for evening performances and at 10 am for matinee performances.
   When: July 8th-12th 2025
- Where: 1045 Lower Gold Camp Rd, Norris-Penrose Event Center Colorado Springs, 80905
- Web: Tickets are on sale now: www.PikesPeakorBust.org.
- What: (719) 635-1101

#### **Top of the World Rodeo**

What: The Cripple Creek Rodeo has fun for the entire family, with special events like the Western Street Dance and the Chuckwagon Cook-Off. The Top of the World Rodeo includes bareback riding, bull riding, ladies' barrel racing and many more rodeo events. It's packed with live western entertainment, mutton busting, a street dance, tasty food and lots of fun.

- When: June 13th -15th, 2025
- Where: Teller County Fairgrounds, 500 W. Carr Ave., Cripple Creek, CO 80813

Cost: Admission \$5-\$10

Web: https://www.visitcripplecreek.com/event/top-of-the-world-rodeo/

#### Stranger Side of Victor & Spirits of Sunnyside Walking Tours

What: Local historian Alicia Harrington will lead a walking tour of downtown Victor, highlighting some of the stranger, little known history of the town – from the Labor wars to gunfights and shootouts and more. In addition, learn about the historic buildings that line the streets, and discover stories about some of the town's citizens.

When: Saturdays, June7th to-October 25th, 2025

Where: 298 Victor Avenue | Victor, CO | 80860

Web: https://victormuseum.com

#### **Taste of Pikes Peak**

**What:** The ultimate celebration of local flavor, bringing together the best restaurants, breweries, and distilleries in the Pike Peak region. Indulge in unlimited tastings from 80+ top culinary creators while enjoying live music in the heart of Downtown Colorado Springs.

When: July 17,2025 | 6:00 pm – 9:00 pm

Web: https://www.tasteofpikespeak.com/









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- Reduce drastically
- Meteorite element
- 15) Recording studio effect
- 16) Magna \_\_\_\_
- 17) Choice of a molding or painting?
- Ticket word
- Pew attachment
- 21) Really disapprove of
- 23) Rustic stopovers
- 25) One "in the headlights"
- 26) Do away with
- 30) Souffle need
- 32) Emit, as lava
- 35) Sidestep
- 36) Mule's mother37) Stretch, of sorts
- 38) Larry of the Three Stooges
- 39) Unwilling to bend

- 40) Fill with cargo
- 41) "Who am judge?"
- 42) Homecoming attendee, for short
- 43) Whipped in chess
- 44) Alaska, until 1959 (Abbr.)
- 46) Shaving cream type
- 47) Potatoes and yams
- 48) Optimistic view
- 50) Russia's Trotsky
- 52) Corny saying
- 55) Marrakech's land
- 60) Watchmaker's glass
- 61) Choice of a boat part or a boater?
- 63) Good thing
- 64) Roofer's piece
- 65) Colombian metropolis
- 66) Moth-eaten
- 67) Scott in an 1857 case
- 68) Hole-punching tools

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		48	+	49			50	51		┢				
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63	+	+	+	+		64	+	+	+		65	+	+	+
66	+	+	+	+	-	67	+	+	+		68	+	+	+

#### DOWN

- Clock sound 2) "Argo" setting Groucho glasses feature 4) Pay-to-play fee 5) Hard to fluster Squirrel's nibble Honor society letter 8) Auctioneer's word 9) Suffix with "moon" or "sea" 10) Soup servers 11) Choice of an octopus part or an armadillo part? 12) Tend to the batter 13) Can't stomach 18) Cocktail garnish 22) Moved stealthily Beach bird Equip to new specs 27) Online party notice Choice of a chess piece or a
- 28) Choice of a chess piece or Monopoly piece?
- 29) Homage in verse
- 31) Lacking mirth
- 33) Source of down
- 34) Vacant lot growth
- 36) About 1,609 meters
- 39) Blew a gasket
- 40) Technician's place
- 43) H.H. \_\_\_ (Saki)
- 45) Won in a walk
- 47) Decorated, as leather
- 49) Reverence
- 51) Hirsch of "Milk"
- 52) Lesage's "Gil
- 53) Kennedy matriarch
- 54) Abbr. on a business sign
- 56) Predator of seals
- 57) Tobacco plug
- 58) Match a bet
- 59) Redding of R&B
- 62) Go public with



#### The Palisades at Broadmoor Park MBK SENIOR LIVING

#### We Put You First in Everything We Do

Everything we offer at The Palisades at Broadmoor Park is geared toward creating a place our residents are happy to call home. We enhance the everyday experience of our residents with signature programs, exceptional food, warm and inviting community spaces, and spacious apartment homes where they can relax and live well.

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#### MBK Mind + Body Wellness

At MBK Senior Living, we believe what is good for the body is good for the mind. Building on the Substantial body of scientific research illuminating the mind-body connection to health and well-being, our MBK Mind + Body Wellness approach provides residents the opportunity to choose from a number of activities, programs and classes that enrich the whole person.



#### MBK Cuisine

MBK Cuisine is our signature dining experience created to enrich daily living. We start with nutritionally balanced seasonal menus and a variety of alwaysavailable favorites, adding specific options for special dietary needs as needed. Our experienced Executive Chefs meet with residents on a regular basis to work on menu selections and share ideas. Best of all, 7pm-so dining is always on your time.





Connections for Living by MBK supports those living with Alzheimer's or dementia by offering an avenue for physical wellness, a secure environment, enriching activities and meaningful involvement for families. By acknowledging needs that may not be voiced as dementia progressed, our program goes beyond care to reconnect residents with the world around them-preserving each individual's uniqueness and enhancing the quality of life for residents, families and caregivers alike.





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- Thrift Stores
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- Food Pantry
- Connections Café
- Meals on Wheels

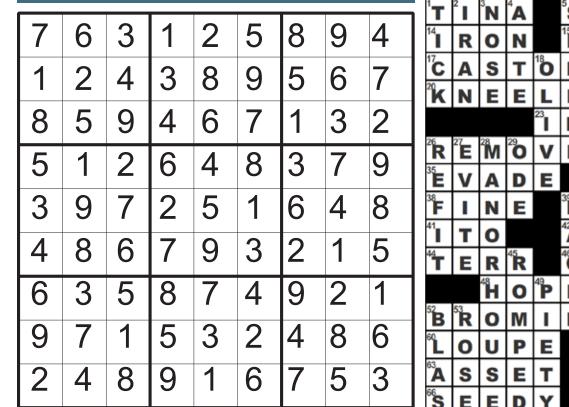


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### SUDUKO KEY

Crossword	Puzzle	Solution
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Transportation from home to medical appointments and our adult day center.



Coordinated care plans that make it easy to access doctors, nurses, and specialists.

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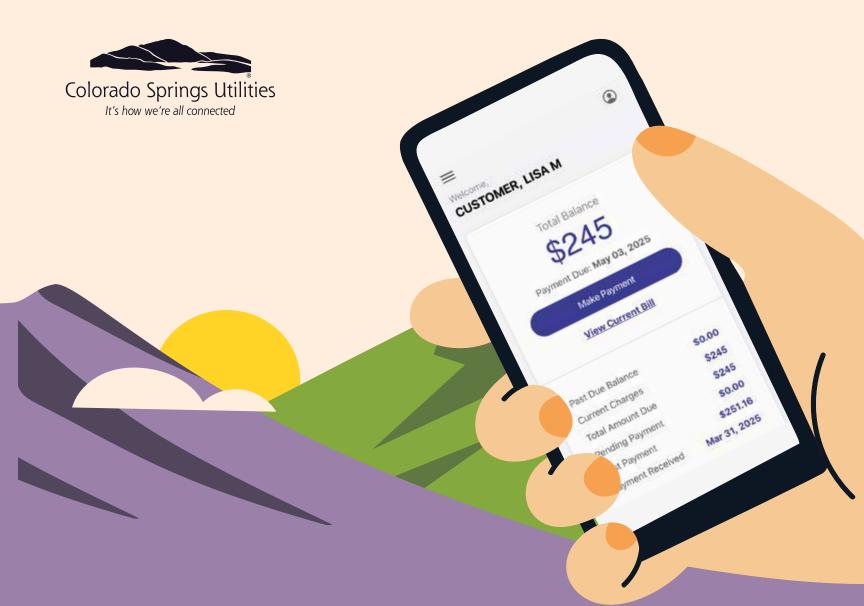
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