

# Speaker Presentations April 10th 2025

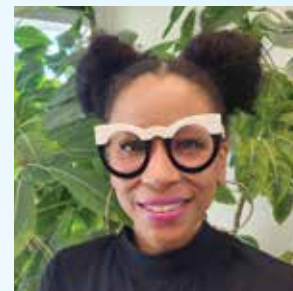
## CARSON ROOM

**9:00 am** **Part 1** Caring for the Caregiver: Strengthening Families Through Caregiver Family Therapy

Synopsis: Caregiver Family Therapy (CFT) is a structured approach designed to help families navigate the emotional, relational, and practical challenges of caregiving. By improving communication, reducing stress, and fostering collaboration, CFT strengthens family bonds and enhances the well-being of both caregivers and care recipients. Presented by UCCS students, Aja and Tiana.

**Part 2** Boost Your Brainpower: Cognitive Skills Training for Aging Adults

Synopsis: As we age, exercising and building our mental skills is essential for maintaining independence and quality of life. Cognitive Skills Training is a personalized approach that helps adults strengthen their memory, attention, organizational, planning, and problem-solving abilities. Through tailored exercises and practical techniques, adults can enhance cognitive performance, boost confidence, and support their overall brain health. Presented by UCCS students, Aja and Tiana.

**10:30 am** Lifelong Learning Keeps You Young- Sandy Halby

PILLAR Institute is the region's only lifelong learning organization. In this lecture, you will get three mini-presentations as a sample of PILLAR classes: a comparison of the Western Artists Russell and Remington, the Magic of Fibonacci Numbers, and a quick look at the Best Year of Movies ever:1939! Presented by Sandy Halby of Pillar Institute for Lifelong Learning




**11:15 am** Myth Busting Reverse Mortgages 101 "Myth

Busting Reverse Mortgages 101" is an enlightening class designed to debunk common misconceptions surrounding reverse mortgages. Gain clarity on how this valuable financial tool can enhance your retirement plans by leveraging your home's equity to build generational wealth, explore tax deduction strategies, and enjoy the freedom of no monthly mortgage payments. Join us to unlock the secrets to maximizing your financial security in retirement. Company NMLS: 2268418




*Brian Wilbur is a Marine Corps Veteran and is the managing broker of Bingo Reverse Mortgage. He and his local boutique team have the experience to help you discover how to use a Reverse Mortgage as a financial tool in your retirement.*

## FREMONT ROOM

**9:00 am** Choose to Preplan Final Arrangements-Ease Emotional and Financial Burdens for those You Love

When you choose to pre-plan final arrangements with us, you not only ensure a memorial exactly as you envision it, but you also ease the emotional and financial burdens of those closest to you. Having your funeral, cremation or cemetery plans in place means your loved ones aren't caught unprepared. Planning the details in advance ensures they aren't left with the burden of second-guessing what you would have wanted. Presented by Teresa Cain- Pre Planning Advisor and Aftercare Specialist

**9:45 am** Informed Decisions on Medicare Coverage-Sponsored by Aetna

Provides information on Social Security basic benefits and considerations, turning 65 and working. Provides information on Medicare options, including Part A, Part B, Part C (Medicare Advantage) and Part D (prescription drug coverage). It explains the differences between Original Medicare and Medicare Advantage, as well as the benefits of Medicare Supplement Insurance. The content also includes information on Dual Eligible Special Needs Plans (D-SNPs) and frequently asked questions. Overall, it aims to help beneficiaries make informed decisions about their Medicare coverage." Presented by Jeremy Mueller

**10:30 am** What to Know about Long-Term Medicaid

At Beneficent we help clients understand, prepare, and qualify for programs covering high costs of Long-term Care including • adult day care • home care • assisted living • memory care • nursing homes. Let us help you preserve your assets and smoothly transition from private pay into the right program for you. Presented by Kim Searles, (CSA)®, Director of Education, Beneficent

**11:15 am** "Protecting Your Family and Leaving a Legacy - Why Most Estate Plans Fail and What to Do About It" Presented by Chad Spencer, EPIC Law Group

The purpose of estate planning is to help you examine your financial and non-financial goals, take action to minimize the impact on your family, and ensure that your legacy lives on through those you love.

*Chad Spencer, from the EPIC Law Group, focuses his practice on educating people on how they can painlessly preserve and protect what they hold most dear. Boasting 25+ years of varied experience, including 10 years in estate planning and 18 as a Colorado attorney, Chad brings a holistic approach to his practice. Away from the office, Chad enjoys as much family time as he can get with his gorgeous wife, beautifully intelligent daughters, and handsome caring son (and the occasional round of golf, if they let him).*

**12:30 pm** Eric and Maddy Interactive Cattle Dog presentation  
For Eric and Maddy's story, see the article on page 10.

Every Detail Remembered<sup>®</sup> | Dignity<sup>™</sup>  
Swan Law Funeral Directors  
Memorial Gardens Funeral, Cremation & Cemetery  
Dove-Witt Family Mortuary  
Mountain View Funeral & Cremation



♥ aetna<sup>™</sup>  
medicare solutions



Beneficent



EPIC  
LAW GROUP  
ESTATE PLANNING IN COLORADO





## JACKSON ROOM

**9:00 am to Noon** Hearing Screenings by Beltone Hearing Care Center



**1:00 pm** Five Wishes- Presented by Silver Key



Have you made your wishes known? Learn more about the Five Wishes Advanced Care Planning Guide to communicate with your loved ones and health care professionals to express your wishes in areas that matter most personally, spiritually, medically, and legally. Come learn how to spark the conversation and provide the greatest act of love by being proactive with your end-of-life planning.

Presentation by Jayme Holligan, Silver Key Senior Services



## SUMMIT BALLROOM

**9:00 am to 1:00 pm** Cheyenne Mountain ZooMobile



***Veteran's Resources, sponsored by Mt. Carmel Veteran's Service Center and the SOCO Senior Resource Center***

### Presentation Schedule

**930** Military Veteran Family Services - Kileen Barker

**1000** Behavior Health - Kirsten Belair

**1030** Transition & Employment - Jon Dix

**1100** BREAK

**1130** Veterans Voice - Taylor Chapman

**1200** Veteran Business Outreach Center - Joseph Reagan

**1230** Next Chapter - Rodger Johnson

**1300** Pickleball Demonstration by Lynda Cink of Mount Carmel Veterans Service Center located in the Summit Ballroom - this is open to all Expo attendees.



*Joseph "Jose" Reveteriano, Lt Col, USAF (Ret.), EdS CEO/Founder, Rev It Up - Tennis and Pickleball Academy Assistant Regional Director, USA Pickleball, Great Plains Region Sponsored Player via PikNinja Sports, Operation Vet NOW (OVN), and Mt. Camel Veterans Service Center*

