



# Speaker Presentations



## JACKSON ROOM

### Travel Leaders



**8:30am** Senior Friendly Travel Tips & Traveling Solo: Explore the world with confidence! Discover senior-friendly travel tips, from packing essentials to navigating new destinations solo, empowering you to embark on unforgettable journeys tailored to your pace and preferences.

**9:30am** Group Trips: Domestic Bus Tours and International Groups - Traveling Safely with Others: Join us as we delve into the joys of group travel, whether it's a scenic bus tour within the country or an exciting adventure abroad. Learn valuable insights on safety, camaraderie, and the enriching experiences that come with exploring the world in the company of like-minded individuals.

**10:30am** Video Presentation on a Selection of Trips: Immerse yourself in a visual feast of enticing travel destinations! Our video presentation will showcase a curated selection of captivating trips, providing a sneak peek into the incredible adventures awaiting you. *\*Attendees have the chance to win a one-night stay in Blackhawk - adding an extra touch of excitement to the day!*

*"Donna Evanoika, the visionary President and CEO of Travel League Inc., has dedicated over four decades to shaping the agency into a full-service travel provider. With a team of five specialized agents, Donna ensures personalized attention to each client's needs, making Travel Leaders the go-to destination for tailored travel experiences as the only storefront agency in Colorado Springs. Under her leadership, Travel Leaders has survived Covid and expanded its services to include individual and group travel, as well as specialized segments such as Senior Friendly Travel, Mission-Non-Profit, Women's Travel and much more. Our commitment to computer security ensures that all client information remains safeguarded, setting Travel Leaders COS apart as the leading choice for travelers worldwide."*



### Brookdale Senior Living

**12:00 noon** Optimal Life Brain Health



**Noon - 2:00 pm** We will be in the Jackson room for questions and consultations.

Topics covered in the Class: What is Brain Health? The Functions of the Brain, Normal Changes Versus Warning Signs with Brain Aging, Alzheimer's Disease and Dementia, Brain Healthy Updates You Can Make and Brain Healthy Lifestyle . Maureen Connoll - Divisional dementia care manager, Brookdale Senior Living

*Maureen is a Divisional Dementia Care Manager for the East Division. Maureen has served with Brookdale Senior Living for over 17 years in a variety of roles both at the community and regional level. She previously served as the Executive Director of Brookdale Weddington Park and as an Executive Director Pro-Tem for the former Southeast Division. She has served as a committed mentor to other directors and has provided her expertise and assistance in multiple communities. She is licensed in North Carolina as an Assisted Living Administrator. She is a Certified Dementia Care Practitioner (CDP) and received her Bachelor's Degree from Merrimack College in North Andover, MA. Maureen's passion is serving those with Dementia.*



**CARSON ROOM**

**EPIC Law Group**



9:00am

**"Protecting Your Family and Leaving a Legacy - Why Most Estate Plans Fail and What to Do About It"**  
Presented by Chad Spencer, EPIC Law Group

The purpose of estate planning is to help you examine your financial and non-financial goals, take action to minimize the impact on your family, and ensure that your legacy lives on through those you love.

*Chad Spencer, from the EPIC Law Group, focuses his practice on educating people on how they can painlessly preserve and protect what they hold most dear. Boasting 25+ years of varied experience, including 10 years in estate planning and 18 as a Colorado attorney, Chad brings a holistic approach to his practice. Away from the office, Chad enjoys as much family time as he can get with his gorgeous wife, beautifully intelligent daughters, and handsome caring son (and the occasional round of golf, if they let him).*



**Bingo Reverse Mortgage**

10:00am

Myth Busting



Reverse Mortgages 101 "Myth Busting Reverse Mortgages 101" is an enlightening class designed to debunk common misconceptions surrounding reverse mortgages. Gain clarity on how this valuable financial tool can enhance your retirement plans by leveraging your home's equity to build generational wealth, explore tax deduction strategies, and enjoy the freedom of no monthly mortgage payments. Join us to unlock the secrets to maximizing your financial security in retirement. Company NMLS: 2268418

*Brian Wilbur is a Marine Corps Veteran and is the managing broker of Bingo Reverse Mortgage. He and his local boutique team have the experience to help you discover how to use a Reverse Mortgage as a financial tool in your retirement.*



**Department of Human Services**

11:00am

APS Overview with  
Christine Ogolla, APS Intake Supervisor.



*My first encounter with the elderly population was 2015 as an undergrad student doing my internship. During this period, I developed a passion in serving the At-Risk Adults. I have never looked back since then. In 2017, I was employed at the Adult Protective Services unit as a caseworker. I investigated the various mistreatments in the report. I also connected the At-Risk adults with the appropriate, available resources to help improve their quality of life. In May 2022, I was promoted to a Lead Casework position. I continued to carry a caseload while also supporting my colleagues in the field. In 2023, I was promoted to an intake supervisor position. I currently oversee the reports made into our intake hotline, emails into the inbox, the clients that walk into the building to make reports, the call screens from law enforcement. All the reports made are reviewed the following morning by a leadership team.*





## FREMONT ROOM

### Bonaventure

9:00am TBD



Brianna Westlake, Regional Director of Operations for Bonaventure.

### Rocky Mountain PACE

10:00am Staying Safe at Home with Rocky Mountain PACE Medical



Services and Support. Carolyn will explain the benefits of the PACE program. Attendees can participate in the conversation and ask questions about this unique program of all-inclusive care. Rocky Mountain PACE understands that most older adults want to age in their homes while remaining independent. Therefore, Rocky Mountain PACE offers older individuals all medical services, including medical transportation, at little or no cost. You can learn more about the benefits of Rocky Mountain PACE services and see if Rocky Mountain PACE is right for you or a loved one. Carolyn Wilson, MA, will explain how qualifying for this remarkable program costs most people nothing!

*Carolyn M. Wilson is a Colorado Native who grew up in southern Colorado. After retiring from a career in public education, Carolyn wanted to give back to the community by working for a non-profit, so she found Rocky Mountain PACE. Carolyn has been with Rocky Mountain PACE for about six years. She is passionate about her work at Rocky Mountain PACE because she and her brothers are caregivers for her parents, who are over 90 and still live at home. Carolyn is active in the Fountain Valley, Tri-Lakes, Manitou, and Colorado Springs communities and regularly attends age-friendly events. She is knowledgeable about the environment of older adults in the Pikes Peak region and is honored to be a presenter today.*



### Beneficent

11:00 am Solutions to Pay for the High Cost of Long-Term Care



Beneficent knows that applying for long-term care financial programs can feel like you are in a maze.

We quickly navigate seniors and disabled adults to the best financial program to help pay for assisted living, adult day care, home care, or skilled nursing homes. Kim Searles, (CSA)® Beneficent



### Leventhal, Lewis, Kuhn, Taylor, Swan, PC

12:00 noon Class Title “Wills, Trusts, and Estate Planning - 5 Facts You Need to Know” by Rabea Taylor, J.D.



*Ms. Taylor is a shareholder at Leventhal Lewis Kuhn Taylor Swan PC. She combines a background in business with a wide range of legal and personal experience to provide her clients with a uniquely practical perspective. Ms. Taylor earned her first law degree from the University of Tübingen in Germany in 2000 and her Juris Doctorate from the University of Denver Sturm College of Law in 2011.*



## FREMONT ROOM

### PILLAR Institute and Lifelong Learning

1:00 pm

Pillar Mini-Class

Lifelong learning has many health benefits. Keeping the brain active and fit is as important as physical health as we age. In addition to a short session about lifelong learning, PILLAR will be offering a PILLAR mini-class so you can see what PILLAR is all about! PILLAR Institute for Lifelong Learning is a 501(c)3 membership organization. It has a three-part mission: learning, volunteering and socializing.

*Sandy Halby: BS in Mathematics from the University of Alaska. She is a military veteran and retired from the federal government as a civil servant. Currently, she is president of a local Mensa group and active in the Pikes Peak Beekeepers Association. Sandy has been an instructor and member of PILLAR Institute for almost 10 years.*



## STRATTON ROOM

### Oak Street Health

9:00am & 1:00PM

Pickleball isn't just for Athletes

Introduction to the game of Pickleball - Come and learn the basics of the game, While having a fun, social and engaging experience with others like yourself. Class Participants can enter a drawing for a free Pickleball starter kit provided by Oak street Health. Taught by Delaine Elsrode, Oak Street Health. Delaine Elsrode, Outreach Executive II

*Delaine has lived in Colorado Springs for over 40 years and loves all that Colorado Springs has to offer. Delaine and her husband enjoy fishing, golfing, and traveling around Colorado. They are both learning to play pickleball as a fun way of getting some exercise and sunshine while meeting new people in our neighborhoods.*



## CAMERON ROOM

10:00am & 1:00pm

Tai Chi Dance

Through the spiritual movements of Tai Chi which is poetry in motion with Master Christophe J Clarke

*Master Christophe J Clarke, world renowned Tai Chi expert, motivational speaker, film and radio personality, and two time Olympic Gold Medalist, who has worked with the Denver Broncos and the FBI.*



## HAYDEN ROOM

8:30- Noon

Hearing Screenings by Beltone



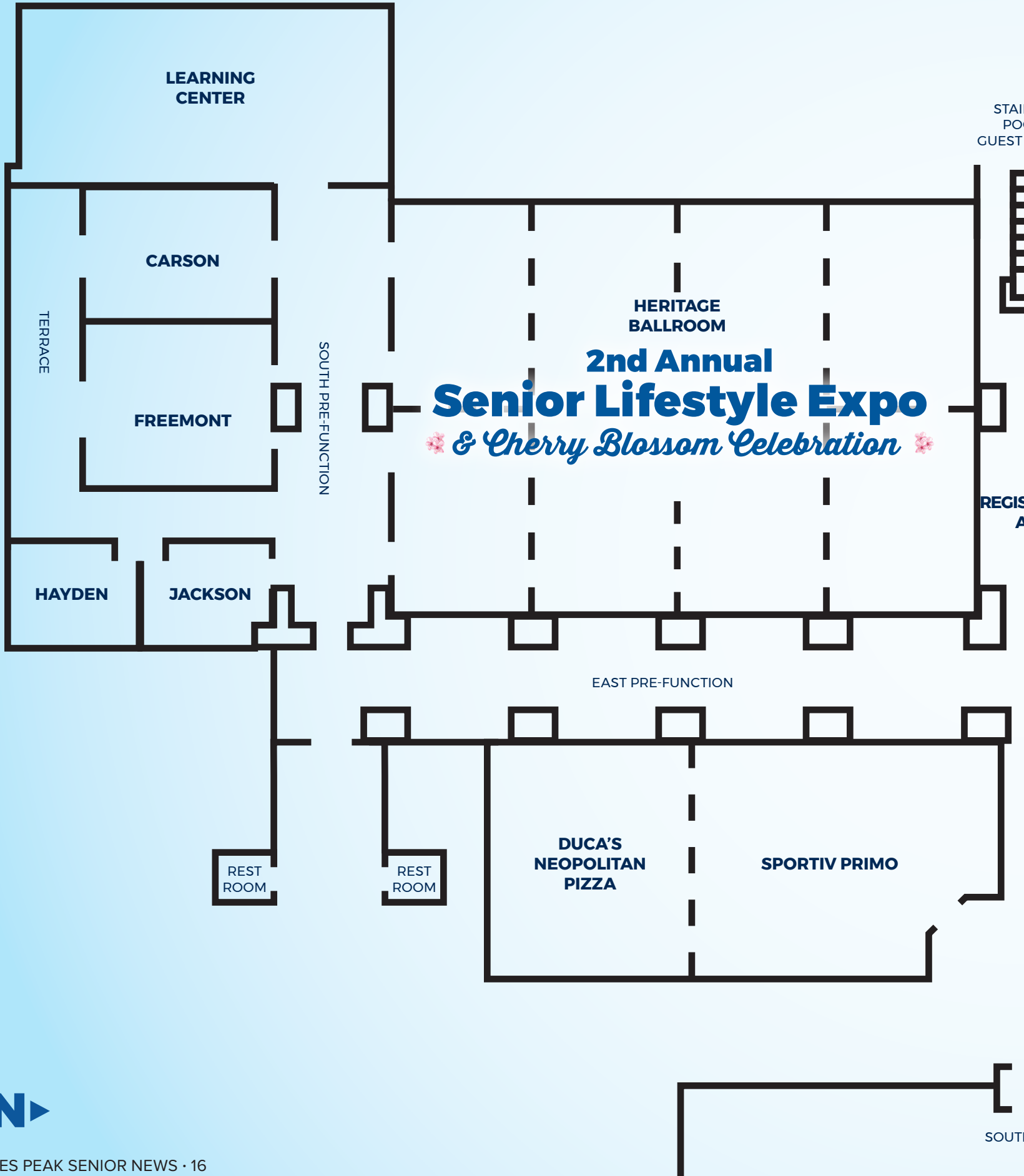
## HERITAGE BALLROOM

8:30 am - 10:30 am

The stringed quartet from the Colorado Springs Chamber Orchestra will be performing.









STAIRS TO  
CLUB ROOMS

PHONES

CLUB ROOM

STRATTON

REST ROOMS

CAMERON

ELEVATORS

ANTLERS GRILL

RECEPTION AREA

MAIN LOBBY

PICCADILLY BAR

STAFF OFFICES

FRONT DESK

EXEC. BOARD ROOM

GIFT SHOP

SIDE ENTRANCE

MAIN ENTRANCE