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The Antlers, A Wyndham Hotel: A Downtown Colorado Springs Icon

The Historic Antlers Remains a Popular Place to Visit

By Trevor Phipps

With deep roots in the city's history, the Antlers, A Wyndham Hotel still strives to provide top-notch hospitality in the center of Downtown Colorado Springs. In fact, when viewing the city's downtown skyline the hotel and the two office towers surrounding it are often the most recognized features.

The hotel was first built shortly after the city was founded and it is still a popular place for tourists and large conferences to this day. The hotel has always prided itself in offering high quality accommodations with its prime location in the heart of the city, and the same remains true today.

Back in 1871 when General William Jackson Palmer founded the city of Colorado Springs, he had always dreamed of a first class hotel in the center of the new city. Palmer's dream came to fruition twelve years later when the doors of the Antlers Hotel were opened in June of 1883.

Palmer decided to name his new hotel the Antlers due to his large collection of elk and deer racks that decorated the lobby. The first hotel originally had 75 rooms and it was said that no two were the same.

The hotel was also equipped with advanced technologies of the era including central steam heat, gas lights, and hot and cold running water. The hotel also had

amenities enjoyed by the visitors like a billiard's room, children's playroom, a music room, a barber shop, and Turkish baths.

As soon as the hotel opened up its doors, it became very popular with wealthy tourists and those seeking to cure themselves from ailments like tuberculosis. The hotel actually became so popular with visitors from England that Colorado Springs earned the "Little London" nickname.

In 1883, traveler Lillian Whiting visited the hotel and wrote, "One of the definite things of the tourists' day, was to watch a summer sunset from the western terrace of the Antlers, such an atmosphere of enchantment was there."

Through the years the famous Antlers grew more in popularity until one day tragedy struck. On October 1, 1898, a fire ignited at the Denver and Rio Grande Western Railway Depot located near the Antlers and most knew that the fire would easily spread to the grand hotel.

The Curator of History at the Colorado Springs Pioneer Museum (CSPM) Leah Witherow told a story



of how the people in town reacted when they heard the news that the Antlers was being evacuated due to the blaze. "On October 1, 1898, William Starsmore's wife Mary was in labor, but word had spread that the Antlers Hotel was on fire," the curator wrote on the pioneer museum's website. "William stayed long enough to see his son James born, and then headed out to the most exciting thing to happen in town. Luckily, no one was injured when the first (1883) Antlers burned to the ground."

Palmer was in England at the time of the fire, but as soon as he got word that the fire had burnt his beloved hotel to the ground, he promised to rebuild it bigger and more spectacular than before. Even though the burning of the first hotel was costly as the loss was expected to be around \$250,000 or \$7 million in today's money, Palmer was determined to bring the famous structure back.



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A big event was held on July 2, 1901 when the Italian Renaissance-style hotel that was designed by architects Varian & Sterner reopened its doors for guests. The second Antlers was estimated to cost around \$600,000 or over \$16 million today.

“Capped by a red tile roof, the hotel featured a grand piazza along the western face, and ten loggias offered guests breathtaking views of Pikes Peak,” the CSPM website reports. “Decorated with Italian marble, silk rugs, velvet draperies, gold-finishes, and leaded glass and mirrors —the Antler’s Hotel literally shone. The ‘new’ hotel was said to be the most beautiful, elegantly furnished, and of course 100% fire-proof hotel in the West.”

Through the years directly after the second hotel was built, the Antlers thrived and was visited by famous presidents of U.S. history including William Howard Taft, Warren G. Harding, and Theodore Roosevelt who famously gave a speech off of the hotel’s balcony in 1901.

The hotel also proved to be a prime spot for local employment. According to local historian John Holley, the Antlers Hotel became, “...the single largest employer of black men when it announced a complete change in its dining room help.”

But after Palmer passed away in 1909, the future of the hotel became uncertain. At one point, Spencer Penrose attempted to purchase the property, but the deal fell through so he opened up the Broadmoor instead.

Through the years, the hotel was remodeled several times and went through many different owners. In the early 1960s, the hotel began to lose business and it was eventually demolished in 1964.

Local historian Leland Feitz described the sadness that was felt when the hotel’s last guest checked out. “On September 20, 1964, the last guest checked out of the hotel,” Feitz wrote. “That night, Falcon Room bandleader, George Marvin, led a tearful group of employees and friends of the hotel in singing ‘Auld Lang Syne’ and the lights went out forever.”

The location was then revived in 1967 when a new hotel opened on the property in the middle of a shopping center and two office building towers. The third building at the location though faced to the east instead of having the entrance on the Westside like the previous two hotels had.

In 1975, the Broadmoor Management Company

operated the Antlers Hotel along with the Broadmoor. In that era, the company had a double-decker London-style bus that shuttled guests between the Antlers and Broadmoor coined the “A to B.”

“Since its reopening, the hotel has been operated by Western International Hotels, the Broadmoor Management Company, Doubletree Hotels, Adams Mark, Hilton and Wyndham,” the curator for the pioneer museum wrote. “In October of 2015, the property was purchased by attorneys Perry R. Sanders Jr., and John Goede who have launched a multi-million dollar effort to modernize the hotel.”

The hotel’s website Antlers.com describes all of the amenities the hotel now offers. “Today The Antlers, A Wyndham Hotel Colorado Springs hosts convention, business and leisure travelers from around the world who are able to take advantage of the 27,500 square feet of meeting space, multiple in-house restaurants, and a 24 hour pool and fitness center,” the hotel’s website states. “Over the years, downtown Colorado Springs has grown with numerous restaurants, bars, theaters & museums all within walking distance of the Antlers, A Wyndham Hotel.”

References:

Story of Us: Explore the History & Geography of the Pikes Peak Region <https://cspmstoryofus.com/>

Antler’s Hotel
<https://www.cspm.org/cos-150-story/antlers-hotel/>

History of the Antlers
<https://antlers.com/stay/history-of-antlers.shtml>



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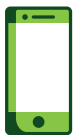
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Tinseltown Talks:

Bill Mumy: More than 'Lost in Space'

By Nick Thomas

With a new 400+ page autobiography recently published, Bill Mumy's "Danger Will Robinson: The Full Mumy - A Memoir" is crammed with fascinating facts and stories recalling his long acting and musical career (see www.NCPBooks.com).

"'Lost in Space' is definitely covered and certainly Will Robinson is the character most people identify with me," said Mumy from Los Angeles. But despite the book's title, the author examines much more than just the galaxy-wandering Robinson family.

Riveted to his own family's black and white television screen of the late 50s, 4-year-old Billy longed to emulate his favorite TV adventurers such as Superman, the Lone Ranger, and Zorro, even breaking a leg after leaping fearlessly off his bed in full crusader mode and landing hard unlike his more nimble black-capped hero. But he carried that enthusiasm into his youthful acting career that would soon flourish.

Ironically, Mumy ended up working alongside his Zorro idol - Guy Williams - who would play space dad to the adventurous boy astronaut who 'saved the day' on many occasions beginning with the first season of "Lost in Space" in 1965.

Riding high on the success of earlier roles in popular 60s series such as "The Twilight Zone" and "Alfred Hitchcock Presents," 1965 proved a particularly good year for little Billy, not yet a teenager, that included



guest-starring roles in beloved TV classics such as "I Dream of Jeannie," "Bewitched," and "The Munsters."

That year, the young actor also portrayed a key character in the Twentieth Century Fox film "Dear Brigitte" starring Jimmy Stewart.

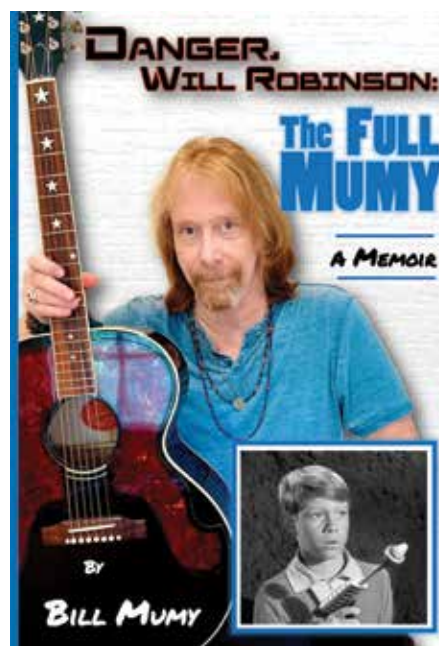
"(He) was the best overall artist I ever worked with," recalled Mumy. "He truly was a wonderful man and showed me how you strive to be a good actor and to treat your coworkers well. The vast majority of actors and directors I worked with as a child were very happy with me because I always knew my lines and got things done quickly."

While he experienced few professional 'horror stories' during his career, an exception was Alfred Hitchcock who terrified 7-year-old Billy on the set of "Alfred Hitchcock Presents." Mumy says the director apparently whispered in his ear during a scene to stop shuffling about or he would nail his feet to the floor!

Beyond acting, Mumy has worn many hats including those of musician, singer, songwriter, author, and voice actor (see www.billmumy.com), but still recognizes the nostalgic value "Lost in Space" has for fans who grew up in the 60s. It's hardly surprising, therefore, that Mumy included the name of his plucky young space adventurer in the new book's title.

"Every child has a gift and mine from an early age was being able to easily memorize a script and deliver the dialogue believably," he says. "I loved being little superhero Will Robinson. As a child actor, he was everything I ever wanted to be."

Nick Thomas teaches at Auburn University at Montgomery in Alabama and has written features, columns, and interviews for numerous magazines and newspapers. See www.getnickt.org.



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Get a Free Mend at the Local Repair Café



By Rick Sheridan

My fiancé and I attended the Pikes Peak Library District's Repair Café at the Manitou Art Center in April. We were impressed with the ability of their staff to fix our items. We showed up with a broken skill saw, a spare lawn sprinkler part, a non-cooperative wristwatch, and an unsharpened tree saw. The staff immediately sized-up the situation and started the repairs. They identified the specific battery required for the watch and showed us where to order it online. They added a set screw to make the skill saw usable and worked their magic on the sprinkler part and the tree saw.

There was no cost for any of these services, and they invited us to bring in larger items next time, such as a bicycle or lawn mower. Most of the Pikes Peak area Repair Cafés will help with other things, such as clothing alterations, furniture repair, electrical appliance servicing, toy rehab, etc.

The Repair Cafés have become popular around the world, with events held in the Netherlands, Belgium, Germany, France, the United Kingdom, the United States and in dozens of other countries around the world. Repair Cafés have even made their way to

India and Japan! There are over 2,200 Repair Cafés worldwide. You have the option to visit one in your area or start one yourself. Repair Café volunteers also visit schools and other facilities.

The Repair Café idea was initiated by Martine Postma. Since 2007, she has been striving for sustainability at a local level in many ways. Martine organized the very first Repair Café in Amsterdam, on October 18, 2009. It was a great success. This prompted Martine to start the Repair Café Foundation. Since 2011, this non-profit organization has provided professional support to local groups in the Netherlands and other countries wanting to start their own Repair Café.

The Repair Café Foundation sometimes gets asked whether access to free repair get-togethers is competing with professional repair specialists. Their answer is quite the opposite. Organizers want to use Repair Cafés across the whole country to focus attention on the possibility of getting things repaired. Visitors are frequently advised to go to the few professionals still around. Furthermore, people who visit Repair Cafés are not usually customers of repair specialists. They say that they normally throw away broken items because paying to have them repaired is, in general, too expensive. "Repair Trainers" will offer a diagnosis and suggested remedy for broken items, repairing items when possible and otherwise explaining what parts you may need to obtain to complete the repair. One of the main goals of most Repair Cafés is to teach people that there are alternatives to throwing items away.

Many people throw away vast amounts of stuff, even things that could get a new lease on life after a simple repair. I am old enough (age 64) to remember when most people would repair their shoes or watch rather than automatically buying a new one. Knowing how to make repairs is a skill that is being lost. This is a threat to a sustainable environment where some raw materials are starting to run out. Even if you have nothing to repair, you can enjoy a cup of tea or coffee at the



Repair Café, or, you can lend a hand with someone else's repair job.

Here are several recommended books on do-it-yourself repair projects:

1. Beginner's Guide to DIY & Home Repair: Essential DIY Techniques for the First Timer, by Jo Behari, Alison Winfield-Chislett. Maintenance can be costly for most Americans. This book will allow those who spend most of their budget on maintenance costs to reduce their expenses significantly.
2. Woodworking: The Complete Step-by-Step Guide to Skills, Techniques, and Projects, by Tom Carpenter. Another beginner-friendly guide for making indoor and outdoor furnishings.
3. Ultimate Guide to Home Repair and Improvement, by the Editors



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of Creative Homeowner. This book comes with 325 step-by-step projects with detailed pictures. It also provides essential information on materials, tools, and skills. It covers instructions on heating, cooling, and electrical repairs.

4. Family Handyman Do-It-Yourself Basics: Save Money, Solve Problems, Improve Your Home, also by the Editors of Family Handyman. You don't need to pay a professional for a simple repair job. Just learn how to do it yourself. This is a good book for those who want to see detailed pictures while repairing.

5. The Complete Do-it-Yourself Manual, by the Editors of Family Handyman. This is the bestselling home-improvement book for DIY lovers and is suitable for experts and beginners.

6. Practical Weekend Projects for Woodworkers, by Phillip Gardener, Andy Standing. With the weekend projects on this book, you will create new items from shelves to bunk beds.

7. Household DIY: Do It Yourself! by Sanford Evans. With this book, you will learn 27 ideas for minor



household repairs.

8. Made by Hand: Searching for Meaning in a Throwaway World, by Mark Frauenfelder. A motivational book for beginner DIYers. This book encourages you to be motivated by failures and improves your skills.

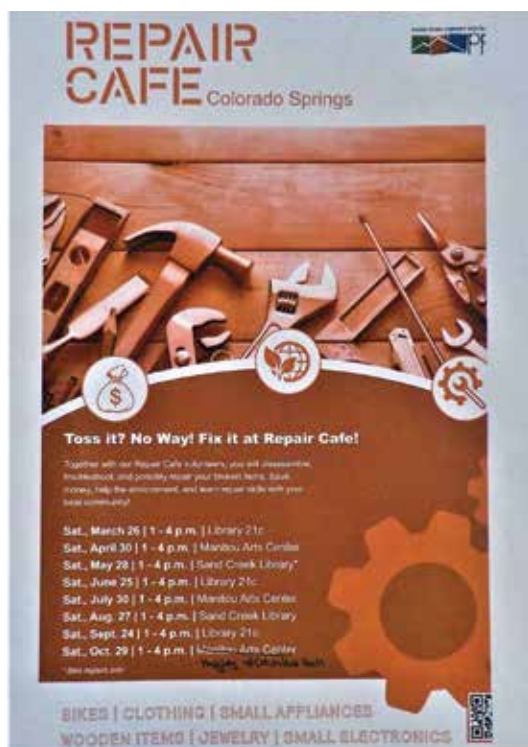
(Source for this list: <https://>

interestingengineering.com/)

Next Repair Cafe:

*October 29th 1-4 p.m.,
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*For more information about the
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Preventing Dog Attacks

By Rick Sheridan



Dog attacks can happen anywhere, and seniors are one of the most impacted groups. This article will explain some of the best methods of avoiding dog bites. Part of the reason for writing this article is that my fiancé and I were confronted by an aggressive pit bull while on a walk in Old Colorado City a few months ago (read the rest of this article to find out how we responded to this potentially life-threatening situation).

Here are a few general tips for avoiding a dog bite:

Try to maintain a safe distance when you pass a dog being walked on a leash. No matter what its size is, the dog might snap at you if it becomes excited, startled, or is protective of its owner. Never approach a dog that is barking, growling, snarling, sleeping, eating, or nursing its pups. A wagging tail doesn't always mean a dog is friendly; it could be a sign that it is anxious, and its next move may be an attack.

If the dog is being walked on an

extremely long leash, alert the owner to rein in the dog before you pass so that they can control the dog in case it tries to lunge forward. If you want to pat the dog, ask the owner's permission first, whether the dog is on a leash or in a yard.

Look for color-coded leashes or tags. According to petsplusus.com, a red leash means use Caution With This Dog; orange is a warning that this Dog Does Not Like To Be Around Other Dogs; green is Friendly; purple for Do Not Feed, etc. Other companies offer leash colors or tags that might say "Caution," "Nervous," "Do Not Feed," "Blind," "Deaf," and "Working" and more.

Know the signs a dog may attack. These include visual signs of aggression such as: growling; raised fur; rigid body posture; or snapping. Be aware of dogs that are a block or more ahead of you in your path. Be prepared to change your route or turn around to avoid unleashed or aggressive dogs. If you are looking at the whole body of the dog from

a distance, be aware of their tail. If the tail is very stiff and high in the air, you should avoid getting too close. If a dog weighs more than 100 pounds or if more than one dog is present, you should reconsider

whether to get close.

Don't run. The dog will chase you, and you probably can't outrun the dog since some breeds can charge faster than an Olympic sprinter. Stand still, slowly withdraw, or maintain a constant yet slow pace out of the dog's territory. If you can, put an object such as a tree, post, or bench between you and the dog. Speak softly and gently to calm the dog. Do not stare a dog in the eyes as this is a sign of aggression between dogs. Instead, look away to show that you do not want to do battle. Turning sideways allows you to present less of a threat to a dog that is approaching aggressively.

Pepper spray may be a good self-defence option. Some utility workers and contractors keep spray at the ready. Learn the weapons' laws in the community you live in before using these options. As mentioned later in the article, I have avoided several dog attacks by picking up a real (or imaginary rock). They seem to instinctively know that humans can "bean" them.

If you are fully attacked by a dog, get something between you and the dog's mouth—an umbrella, pack, jacket, or stick. For a large dog, curl up in a ball and protect your face, neck, and head. From what I have read, if a dog does sink their teeth in you, slam your fist down on their snout repeatedly until they let go. If you do get bit, contact the El Paso County Health Department at (719) 578-3199.



Some other possible options to prevent an attack:

- Milk bone decoys: Carry dog treats to toss to a dog that always chases you on foot or bike.
- Rocks in a can: Carry small rocks in a can with a lid (or something else that rattles loudly). When approached by a dog, shake the can hard. The rattling noise may scare off the dog.
- Loud whistle: A safety whistle can help stop a chasing dog. Wear it on a cord around your neck or attached to the shoulder strap of your pack.
- Ultrasonic whistle: This is like a typical whistle but can only be heard by the dog and won't irritate human ears. It works by repelling the animal away from the whistle's waves of sound.

The U.S. Postal Service (USPS) and other organizations provide guidelines on how to avoid attacks, including how to understand warning signs, when to skip a house, and when to use dog spray repellent. Postal workers suffer more than 3,000 injuries from dog bites and attacks every year, according to USPS. Statistics from the Schaumburg, IL-based American Veterinary Medical Association show that letter carriers are the third most common dog bite victims, behind small children and the elderly (that's us!).

In the past, USPS mainly responded to dog attacks with safety information, but the agency now is taking a more proactive approach. All letter carriers have received dog safety training during new-employee orientation for about the past five years. USPS also has made information about dog bites part of its "Safety Depends on Me" campaign, which includes videos distributed to workers on a variety of safety topics.

The dog safety videos shows a letter carrier wearing headphones being chased and attacked by two dogs. It advises to "stand your ground" and face the dog, as well as the following: Never run; Never wear headphones; Use your satchel as a barrier; slowly back away; Always carry repellent, etc. Workers are instructed to avoid handing a package to a customer, especially a child, in the presence of a dog because the animal might observe that as a threat.

A dog's breed is not necessarily an indicator of aggressiveness. Each dog is different. You can have the most lovable Doberman Pincher in one yard and run into an attack Poodle in the next yard. Some owners may insist their dogs do not bite, but USPS counters with the message: "Man's best friend can have bad days too!"

Here is how I responded to a potential pit bull attack in Old Colorado City. During the confrontation, I raised my arms to give the appearance of being larger than I really am. When the dog backed off a few feet, I grabbed a rock and was able to get the dog to leave the area. I got home and reported the situation to the police so that others would (hopefully) not have the same dilemma.



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Extending Independence and How to Pay When Dependent

By Money Coach Bill Stanley

If your goal is to remain independent in your own residence as long as possible, then you must have funds set aside to pay for the inevitable necessity of dependency on others. Planning and searching for information should be continuous.

The biggest challenge may be to change your life now so that your remaining years will be more enjoyable. It is essential to have a purpose in life, keep busy, eat better, exercise more, and challenge both your brain and your body. This is a team effort that includes you, your spouse, your family, your friends, and your medical staff.

Sources which help independence:

- Wellness. There are many individuals outside of insurance programs who provide a range of ways to have a better life. One to check out is BeeableCoaching.com. Britiany Troup is a health and wellness coach. Her programs include diet, physical activity, restorative sleep, stress management, avoidance of risky substances, and having positive social connections. She customizes programs to make them affordable. My advice: if you have a problem, life is better when you try to solve it.
- “Stay Healthy and Independent with the Senior Nutrition Program.” Search for this Social Security site; put in your zip code and find local agencies that can help.
- Stay active. Join a gym or get a personal trainer. My friend pays \$50/hour for sessions at home, private gym, or trainer home. General advice: work out (including walking) a minimum of 30 minutes, per day, 5-7 days a week. Always try to do more.
- Need support and companionship? Get a dog. Zorro is my friend, companion, and personal trainer. Also, just read that a goat is a great companion (better check the rules).



- Colorado Springs Senior Center - csseniorcenter.com, 719 955-3400 – The senior center offers information and referrals, meal and nutrition programs, health, fitness, and wellness programs.

Sources which help when dependent:

- Veterans Administration- VA.gov. Lindstrom VA Outpatient Clinic, 3141 Centennial Blvd, COS 80907. 719 227-4506. To learn your eligibility, I recommend going to the separate “Clinic” above, which is to your right after entering. The first step is to file a claim.
- Alzheimer’s Association - www.alz.org/co, 800 272-3900 (24/7). This resource provides education classes for family caregivers.
- El Paso County Department of Human Services – Search for their website on Google and go to Assistance Programs.
- Resource Exchange - 719 380-1100.

Dependence at some level will happen to most of us. And, it will cost money over and above the normal budget. You must be prepared. The amount will depend on many things - your health issue(s), the level of assistance needed, insurance coverage, and your family situation plus available friends. The Fidelity 2022 Retiree Health Care Cost Estimate: a 65-year-old couple retiring today will need an average of \$315,000 for Medical Expenses, not counting Long Term Care costs.

Saving for dependent living is like saving for retirement and keeping healthy. All three should be addressed throughout your lifetime. I tell clients that 15-20 years before retirement (your definition), you should sit down with a financial adviser (one who advises, not one who sells) and discuss your financial situation and your financial plan. If you wait until retirement or until you need to pay for dependent living, you might need a miracle worker, not a financial adviser.

Following is some cost information (figures are 2022 and will vary):

- Home healthcare –Melissa Tafoya, Certified Nursing Assistant, at Akota Home Care, COS, mt@accakota.com, is responsible for Community Education. Home care goes from 4 hours per week to 24/7 to live in. Four hours a week is affordable, 24/7 not so much.
- Independent Living (apartment, housekeeping, meals) - \$3325/month, \$39,900/year.
- Assisted Living - \$4875/month, \$58,500/year.
- Memory Care - \$5900/month, \$70,800/year.
- Nursing Home - \$9733/month, \$116,796/year.
- Alternatives: live with your children (not recommended); house share like “Golden Girls.”

How to pay:

- Private insurance.
- Medicare, then determine if qualified for Medicaid.
- Money Saved for Dependent Care – your Money Coach is not eligible for Long Term Care (Diabetes II

Agent Orange Vietnam) so I have two safe accounts designated for dependent care: I-Bonds (current six-month rate 6.89%); \$10K max per individual per year; start purchases now. Online bank account – Ally.com (current rate 3.3%). If you live alone and own your house, you can sell the house to pay for dependent living. An important part of your planning is to have your home paid for by retirement.

Dependent living and how to pay for it are not topics many people wish to think about, much less plan for. Your thinking must change, and the earlier in your life you get it all figured out, the better.

Money Coach Bill Stanley is a Registered Investment Adviser, a fiduciary who does not sell financial products. He educates; he coaches. Bill's passion is Financial Literacy for all. His first book, “Money Sense for Young Professionals” by William Stanley, is a perfect gift for that child or grandchild who is interested in having a better Money Life. Bill would like readers to become scouts for his Foundation and help get the word out. See “William Stanley Foundation” Facebook page.

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Donkeys Serve as Livestock Guardians

Wildlife Officials Use a Unique Way to Protect Cattle Herds from Wolves

By Trevor Phipps



As soon as Colorado voters passed a proposition to reintroduce wolves into the state, ranchers all over spoke out against the voters' decision. Since wolves are known to be apex predators, many ranchers fear for the lives of their cattle and other livestock once wolves get brought back to the state in 2023.

But before wolves have officially been let back into Colorado, a pack surfaced in the very northern part of the state close to the Wyoming border. It was believed that a female wolf from Wyoming and a male from another area wandered south into Colorado and mated giving the state its first pack of wolves in several decades.

Wildlife officials in the state put GPS collars on the animals when they first found out they were in Colorado. The officials used the collars to monitor their behavior and migration patterns. But, it has recently been reported that the collars are no longer powered on, leaving the officials without a way to track the wolves.

Not too long after the first pack of wolves came to the state, ranchers in northern Colorado started to experience livestock deaths. To date, wolves are said to be responsible for the deaths of at least five head of cattle and a dog.

Rancher Don Gittleson who owns a cattle ranch near Walden, CO has had three of his cattle get killed by

wolves since last December. The rancher has tried things to keep the wolves away from his livestock like setting up electric fences and conducting night watches to scare off the packs of wolves.

But Gittleson told CPR that all of the precautions he has taken have not been as effective as he had hoped. "All of those things wolves are going to get used to, so it's going to have a shelf life," he said. "They're not going to be afraid of it forever."

Therefore, Gittleson then came up with the idea to use other animals to help protect his cattle. He first thought of getting giant guard dogs, but then he realized that feeding them is very expensive.

He then came up with the idea to get donkeys to protect his herd, an idea that other ranchers across the country have used. Gittleson then teamed up with a Colorado Parks and Wildlife (CPW) officer to find a herd of donkeys that could work. The donkeys though, needed to be wild and they needed to come from an area high in elevation so that they were already acclimated.

CPW helped Gittleson find a herd of six wild donkeys in Nevada that were up for adoption. The idea is that if feral donkeys are introduced to a herd of cattle in the right way, the donkeys will fight and help protect the cows from predators like wolves.

Wild donkeys are used to having to protect their own herds in the wild and they will do the same to their new family of cattle. If a wolf or another predator goes after a cow, the donkeys will attack the assailant by biting and kicking them.

"What we want to create in the minds of the wolves is a possibility that if you come into the cows, you could be killed or you could be injured," Gittleson said.

Chuck Becker, a northern Minnesota rancher told CPR that he has used donkeys to help protect his cattle for two decades. He said he has never personally seen a donkey take on a wolf but he has seen what they have done when a coyote attempted to get past one of the guard donkeys.

"He beats it about half to death, and then he just stands back about one-hundred feet and watches it, like waiting for it to try to get away," Becker said. "It was like a cat with a mouse."

Since it is illegal to shoot a wolf unless a human or animal is in direct harm, ranchers could choose to incorporate wolves into their herds more often to help protect their cattle. And it may become an even more common occurrence once there are more wolves let back into the state next year.



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Crossword Puzzle

ACROSS

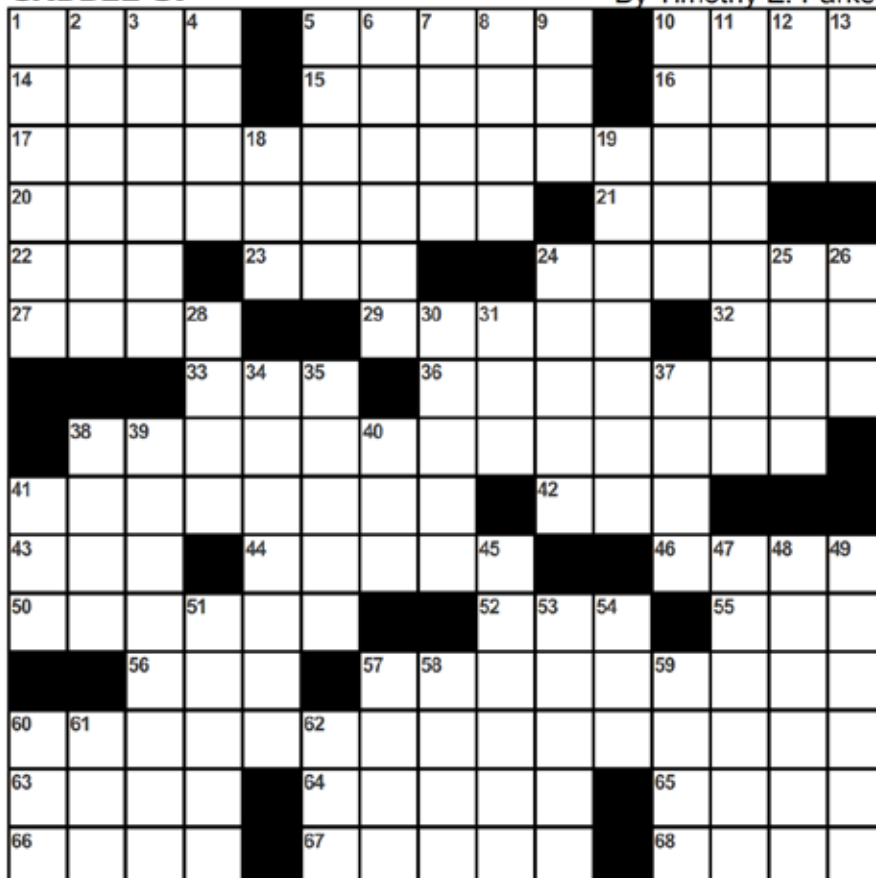
- | | |
|--|--------------------------------------|
| 1) Old sorcerer | 41) Birthright |
| 5) It's waved before musicians | 42) Neath counterpart |
| 10) Bounce back, in a way | 43) Important time |
| 14) Milky birthstone | 44) "You did ___ nice job" |
| 15) ancient Greek marketplace | 46) Dutch cheese |
| 16) Blooper | 50) Detonating device |
| 17) It's attractive in cartoons? | 52) Smartphone program |
| 20) Many French immigrants | 55) Contraction before "seen worse" |
| 21) It plays it | 56) Crumb on a dinner table |
| 22) Under a doctor's care | 57) It prevents embarrassment |
| 23) Some widths for printers | 60) Activity seen at Pimlico |
| 24) Harangue | 63) Miscellaneous assortment |
| 27) Some deer | 64) Mysterious ancient letters |
| 29) Anklebone | 65) "Bus Stop" playwright William |
| 32) Intense anger | 66) Unskilled working stiff |
| 33) "Right there, that's it" | 67) Daisy variety |
| 36) Private, as information | 68) They are chipped on golf courses |
| 38) Old-fashioned mode of transportation | |

DOWN

- 1) Angora coat
- 2) Classic Harlem venue
- 3) Use mouthwash, e.g.
- 4) "... or ___!"
- 5) It holds water
- 6) Horrified
- 7) Warner Bros. creation
- 8) Assayers' subjects
- 9) '60s conflict site
- 10) "Doctor Dolittle" actress Samantha
- 11) Participating in a certain line dance
- 12) Farmer's tool
- 13) Many a time
- 18) "... ___ he drove out of sight"
- 19) Under debate
- 24) Engine supercharger
- 25) Heavy cart
- 26) Slippery sea creature
- 28) Bombay dress
- 30) Sleeper's breathing problem
- 31) Trailed no one
- 34) Ancient goddess of fertility
- 35) Got wind of
- 37) Shrek, e.g.
- 38) "Catch!"
- 39) Handel bars?
- 40) Cause of wrinkles
- 41) Cool, old-school
- 45) Servile servant
- 47) Kind of inspiration
- 48) Exact retribution for
- 49) Integrates
- 51) Improper lighting?
- 53) As such
- 54) Letters of pressure
- 57) Imitation, as fur
- 58) Unflattering facial marks
- 59) Mine entrance
- 60) Bounce
- 61) "Bravo, bullfighter!"
- 62) Generic family nickname

SADDLE UP

By Timothy E. Parker



Key on page 23.



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Chicken Saltimbocca

Ingredients

1 1/4 tsp. salt, divided
6 (4 oz.) chicken cutlets
18 fresh sage leaves
6 thin slices of prosciutto, each cut in half lengthwise (12 strips)
1 tbsp. olive oil
2/3 c. chicken stock
1/4 c. dry white wine (such as Pinot Grigio)
3 tbsp. fresh lemon juice
1 tsp. cornstarch
2 tbsp. unsalted butter
2 garlic cloves, minced
1/4 tsp. ground black pepper
Chopped parsley and lemon wedges, for garnish

Directions

1. Sprinkle 1 teaspoon of salt over both sides of the cutlets.
2. Top each cutlet with 3 sage leaves.
3. Wrap 2 strips of prosciutto around each cutlet, securing the sage leaves in place.
4. Heat the oil in a large skillet over medium heat.
5. Add 3 wrapped cutlets to the skillet and cook 2 to 3 minutes on each side or until cutlets are cooked through.
6. Transfer the cooked chicken to a platter; cover with foil to keep warm. Repeat with the remaining wrapped cutlets.
7. Remove skillet from heat.
8. Whisk together the stock, wine, lemon juice, and cornstarch in a small bowl until smooth.
9. Melt the butter in the same skillet over medium heat. Add the garlic; cook 30 seconds, scraping any browned bits from the bottom of the skillet.
10. Stir in the broth mixture and the remaining 1/4 teaspoon salt and black pepper.
11. Bring to a boil; cook 2 minutes or until the sauce is slightly thickened, stirring constantly.
12. Spoon the sauce over the cutlets. Garnish with chopped parsley and lemon wedges, if desired.



Red Wine Chocolate Ganache

Ingredients

3/4 cup heavy cream
3/4 cup favorite red wine (I use a pinot noir)*
1-1/2 Tablespoons unsweetened natural or dutch-process cocoa powder
1/2 cup granulated sugar
2 four ounce bars semi-sweet chocolate, coarsely chopped*
1/4 cup unsalted butter, softened to room temperature
1/8 teaspoon salt

Directions

1. Whisk the heavy cream, wine, cocoa powder, and sugar together in a small saucepan over medium heat.
2. Once simmering, allow it to simmer for 5-6 minutes. Stir occasionally.
3. Remove from heat, stir in the chocolate, butter, and salt. Taste. Add a pinch more salt if desired.
4. Allow to cool for a few minutes before using as a thin ganache. Ganache will thicken as it cools, so if you'd like to use it to frost cakes and cupcakes- stick it in the fridge for a few hours.
5. Cover and store leftover ganache in the refrigerator for up to 10 days.
6. To thin out again, reheat in the microwave for 10-20seconds.



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Crossword Puzzle Solution

| | | | | | | | | | | | | | | | | | |
|----|----|----|----|---|----|----|----|----|----|----|----|----|----|----|---|---|---|
| 1 | M | A | G | E | | 5 | B | A | T | O | N | | 10 | E | C | H | O |
| 14 | O | P | A | L | | 15 | A | G | O | R | A | | 16 | G | O | O | F |
| 17 | H | O | R | S | E | 18 | S | H | O | E | M | 19 | A | G | N | E | T |
| 20 | A | L | G | E | R | I | A | N | S | | | 21 | T | A | G | | |
| 22 | I | L | L | | 23 | E | N | S | | | 24 | T | I | R | A | D | E |
| 27 | R | O | E | S | | 29 | T | A | L | U | S | | 32 | I | R | E | |
| | | | 33 | A | A | H | | 36 | P | E | R | S | O | N | A | L | |
| | 38 | 39 | H | O | R | S | E | A | N | D | B | U | G | G | Y | | |
| 41 | H | E | R | I | T | A | G | E | | 42 | O | E | R | | | | |
| 43 | E | R | A | | 44 | A | R | E | A | L | | 46 | E | D | A | M | |
| 50 | P | E | T | A | R | D | | | 52 | A | P | P | | 55 | I | V | E |
| | | 56 | O | R | T | | 57 | F | A | C | E | S | A | V | E | R | |
| 60 | H | O | R | S | E | 62 | B | A | C | K | R | I | D | I | N | G | |
| 63 | O | L | I | O | | 64 | R | U | N | E | S | | 65 | I | N | G | E |
| 66 | P | E | O | N | | 67 | O | X | E | Y | E | | 68 | T | E | E | S |

Colorado Springs Calendar of Events for February & March 2023

*(visit their website for any
last-minute scheduling changes)*

Carnivale & Mumbo Jumbo Gumbo Cook-Off

- What:** Saturday, February 18, 2023
Where: Manitou Springs
What: Carnivale kicks off with the Cajun Gumbo Cook-Off followed by a parade downtown.
Web: manitousprings.org/mumbo-jumbo-gumbo-cook-off

Cripple Creek Ice Fest

- When:** Sat-Sun, February 18-26, 2023
Where: Downtown Cripple Creek
What: Annual ice sculpture carving challenge in casino-friendly Wild West Cripple Creek.
Web: visitcripplecreek.com/event/2023-ice-festival/



The Springs Home Show

- When:** Fri, Feb 24, 12:00 PM–Sun, Feb 26, 6:45 PM
Where: Colorado Springs Event Center
3960 Palmer Park Blvd, Colorado Springs, CO
Web: <https://thespringshomeshow.com/>



Colorado Springs St. Patrick's Day Parade

- When:** Saturday, March 18, 2023
Where: Colorado Springs
What: Grab your kilts and get ready for a day full of fun at the Colorado Springs' St. Patrick's Day Parade. Starting at noon, you can watch the floats, bands, dancers, and performers drive by in celebration of St. Patrick along Tejon Street.
Web: <https://csstpats.com/>



Fun Opportunity For Continuous Learning

"Exploring the 21st Century Academic Library"

- When:** February 10, 2023, 10 am (Friday)
Where: ENT Center for the Arts, 5225 N. Nevada Ave.,
- Chapman Foundations, Recital Hall (free parking)
What: Lecture by UCCS Professor Seth M. Porter, Ph.D.,
Dean of Kraemer Family Library,
Cost: Free, guests & non-members welcome!
Phone: 719-755-5082
Web: www.uccs.edu/curiosity

"Profiting from the Peak" Presenter

- John Harner, PhD

- When:** February 10, 2023, FRIDAY, 11:00 a.m.
Where: Old Colorado City History Center
What: Dr. Harner is the author of the book, "Profiting from the Peak: Landscape and Liberty in Colorado Springs." In this book, John charts the historical geography of Colorado Springs and Colorado City through ten thematic chapters, then summarizes the important dimensions of the city to answer the question? "What shapes Colorado Springs place identity."
Cost: Member free, non-members \$5

Tour of Williams J. Hybl Sports Medicine & Performance Center

- When:** March 10, 2023, 10 am (Friday)
Where: Hybl Sports Center, 4925 N. Nevada Ave.
Cost: Free
Phone: 719-755-5082,
Web: www.uccs.edu/curiosity

"WHY NOT-The Story of a Modern Pioneer Woman"Presenter -Ruth Raun

- When:** March 10, 2023, FRIDAY, 11:00 a.m.
Where: Old Colorado City History Center
What: Ruth Raun, a modern pioneer woman and urban lady tells her personal story. She is a first time author whose family history book proved so interesting that she decided to share it with our history center's members and guests. Join Ruth as she tells the story of her move to the plains of Colorado.
Cost: Members free, Non-Members \$5
-

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100 word story

A Friend Like Coyote - Winning Stories 100-word Microfiction Challenge
by Shane Riezu

Every cowboy needs a friend like Coyote. I give so many gifts.
I gave this one the dream of gold out west. Made it grow until he ran off to chase it.
The \$500 he won playing dice. Me. The bullet that went clean through his shirt, missing him. Me.
The night he danced drunk with the mayor's daughter. That was all me.
But getting snakebit's on him-I even made it rattle. Now he lies dying by the creek, watching the setting sun
gleam on the water like gold.
My God, he cries out.
No. That was also me.

Colorado Winter Festivals 2023

(visit their website for any last-minute scheduling changes)

Mind Blown Telluride

When: Fri-Sat, November 26, 2022 – March 31, 2023

Where: Telluride

What: Taking place at The Peaks Resort & Spa, Ty Gallenbeck puts on a 75-minute magic performance that makes guests question the known.

Web: <https://mindblowntelluride.com/>



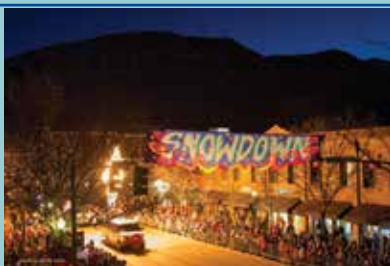
Snowdown

What: Wed-Sun, February 1-5, 2023

Where: Durango

What: Now in its 44th year, this winter celebration features a costume party, follies, parade, and an annually changing theme.

Web: <https://snowdown.org/>



High Plains Snow Goose Festival

When: Thur-Sun, February 2-5, 2023

Where: Lamar

What: Held in February during the annual migration, this festival is the perfect place to brush up on your birding knowledge with fellow enthusiasts.

Web: <https://highplainssnowgoose.com/>

Steamboat Winter Carnival

When: Wed-Sun, February 8-12, 2023

Where: Downtown Steamboat Springs

What: In its 110th year, Steamboat's Winter Carnival is a widely popular event complete with ski races, ski jumping, ice sculptures, fireworks, a shovel race, and street events.

Web: <https://www.steamboatcarnival.com/events/annual-events/steamboat-winter-carnival/>

Loveland Sweetheart Festival

When: Fri-Sat, February 10-11, 2023

Where: New Foundry Plaza, Downtown Loveland

What: Two-day event held around Valentine's Day, featuring the Loveland Sweetheart Classic 4-mile race. Other highlights include a beer tent, tunnel of love, laser show, kids' activities, and other romantic festivities.

Web: <https://www.visitlovelandco.org/sweetheartfestival/>

Colorado Pond Hockey Tournament

When: Fri-Sun, February 17-19, 2023

Where: Lake Dillon, Silverthorne

What: All are welcome to enter this ice hockey tournament sponsored by Pabst Blue Ribbon, with over \$10,000 in cash prizes. It's followed by the Apres Ice Party.

Web: <https://www.coloradopondhockey.com/>

Silverton Skijoring

When: Sat-Sun, February 18-19, 2023

Where: Silverton

What: The annual Silverton Skijoring event touts itself as the city's biggest winter party. A lesser-known Nordic sport that combines water skiing, horse racing, and snow skiing, Skijoring is when a horse (or motorcycle) tows a person on skis through a set of obstacles while the clock ticks down.

Web: <https://www.silvertonskijoring.com/>

Cripple Creek Ice Fest

When: Sat-Sun, February 18-26, 2023

Where: Downtown Cripple Creek

What: Annual ice sculpture carving challenge in casino-friendly Wild West Cripple Creek.

Web: visitcripplecreek.com/event/2023-ice-festival/



Denver Mardi Gras

When: Saturday, February 25, 2023

Where: Exdo Event Center, 1399 35th St, Denver

What: Annual festival with live music, DJs, games, and free beads on Bourbon Street in the Mile High City.

Web: <https://denvermardigras.com/>



Boulder International Film Festival

When: Thurs-Sun, March 2-5, 2023

Where: Boulder

What: Film fanatics won't want to miss the annual Boulder International Film Festival. Quickly becoming an internationally acknowledged talent hub for theater, this soiree features film screenings, panels, workshops, and theme afterparties.

Web: <https://biff1.com/>



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MBK Mind + Body Wellness

At MBK Senior Living, we believe what is good for the body is good for the mind. Building on the Substantial body of scientific research illuminating the mind-body connection to health and well-being, our MBK Mind + Body Wellness approach provides residents the opportunity to choose from a number of activities, programs and classes that enrich the whole person.




MBK Cuisine

MBK Cuisine is our signature dining experience created to enrich daily living. We start with nutritionally balanced seasonal menus and a variety of always-available favorites, adding specific options for special dietary needs as needed. Our experienced Executive Chefs meet with residents on a regular basis to work on menu selections and share ideas. Best of all, 7pm—so dining is always on your time.

Connections for Living by MBK™

Connections for Living by MBK™ supports those living with Alzheimer's or dementia by offering an avenue for physical wellness, a secure environment, enriching activities and meaningful involvement for families. By acknowledging needs that may not be voiced as dementia progressed, our program goes beyond care to reconnect residents with the world around them—preserving each individual's uniqueness and enhancing the quality of life for residents, families and caregivers alike.



303 Day

When: Friday, March 3, 2023

Where: Denver

What: Every March, Denverites celebrate the town's original area code, known as 303 Day. Celebrate with a live music performance by 3OH!3 along with various vendors around the city hosting events to observe the day.

Web: <https://www.denver.org/event/303-day-with-3oh!3/97685/>

Leadville Ski Joring

When: Fri-Sun, March 3-5, 2023

Where: Leadville

What: Annual winter sports event on Harrison Ave that involves a cowboy and horse pulling a skier through obstacles.

Web: <https://www.leadvilleskijoring.us/>



WinterWonderGrass

When: Fri-Sun, March 3-5, 2023

Where: Steamboat

What: Festival showcasing national, regional, and local bluegrass and acoustic roots music.

Web: <https://winterwondergrass.com/>

Denver Restaurant Week

When: Fri-Sun March 3-12, 2023

Where: Denver

What: Hundreds of Denver restaurants come together for a ten-day culinary celebration boasting delicious multi-course menus for a fixed price.

Web: <https://www.denver.org/denver-restaurant-week/>

Monte Vista Crane Festival

When: Fri-Sun, March 10-12, 2023

Where: Monte Vista

What: The annual Crane Fest, celebrates the annual migration of cranes that has been going on for years.

Web: <https://mvcranefest.org/>

Bud Light Rocks the Boat

When: Saturday, March 11, 2023

Where: Gondola Square, Steamboat Springs

What: Free concert series now in its 24th season that is held at the base of the mountain. Enjoy several concerts over the course of the ski season. The series features a mix of music genres with many big-name acts having performed in previous years.

Web: steamboat.com/things-to-do/events/bud-light-rocks-the-boat-concert-series



Denver's St. Patrick's Day Parade

When: Saturday, March 11, 2023

Where: Denver

What: Denver's St. Patrick's Day Parade

is one of the largest in the country.

Running for over 60 years, you can expect to see floats, dancing, live bands, charities, and local celebrities.

Web: <https://www.denverstpatricksdayparade.com/>



Frozen Dead Guy Days

When: Fri-Sun, March 17-19, 2023

Where: Estes Park

What: After 20 years of FDGD in Nederland, the event has relocated its crazy contests, competitions, live music, great food, parades, and parties to Estes Park.

Web: uncovercolorado.com/events/frozen-dead-guy-days/

Denver Home Show

When: Fri-Sun, March 24-26, 2023

Where: Denver

What: Every March in Colorado, HGTV fans flock to the Denver Home Show for renovation inspiration. With informative presentations from experts in the home industry, sweepstakes, and home-related goods for sale, visitors can gather all the information needed for their next project.

Web: <https://www.denverhomeshow.com/>

Collaboration Fest Denver

When: Saturday, March 25

Where: Denver

What: Taking place annually, Collaboration Fest Denver is an event

where local brewers work together to create truly one-of-a-kind beers. An event for adults 21+, beer aficionados can learn more about the craft, upcoming brewery trends, and try some unprecedented flavors

Web: <https://coloradobeer.org/collaboration-fest/>





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Key on page 30.

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739105 JM

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